

Independence House
Fillmore

Modified Therapeutic
Community

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1479 Fillmore Street
Denver, Colorado 80206
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Independence House Fillmore Modified Therapeutic Community

Therapeutic Community Program 40 Bed Capacity



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Transitional home for dual- diagnosed offenders who come voluntarily to the program from prison

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Program Features



- Utilizing the fundamentals of the TC while applying a Cognitive Behavioral Approach.
- Structured groups that are client centered to enhance understanding of co-occurring disorders and life skills.
- Unique opportunity for a life long supportive environment.

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A positive and safe environment where people who have similar problems live and work together to change their lives.



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Understanding social and didactic learning



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We encourage giving back to society



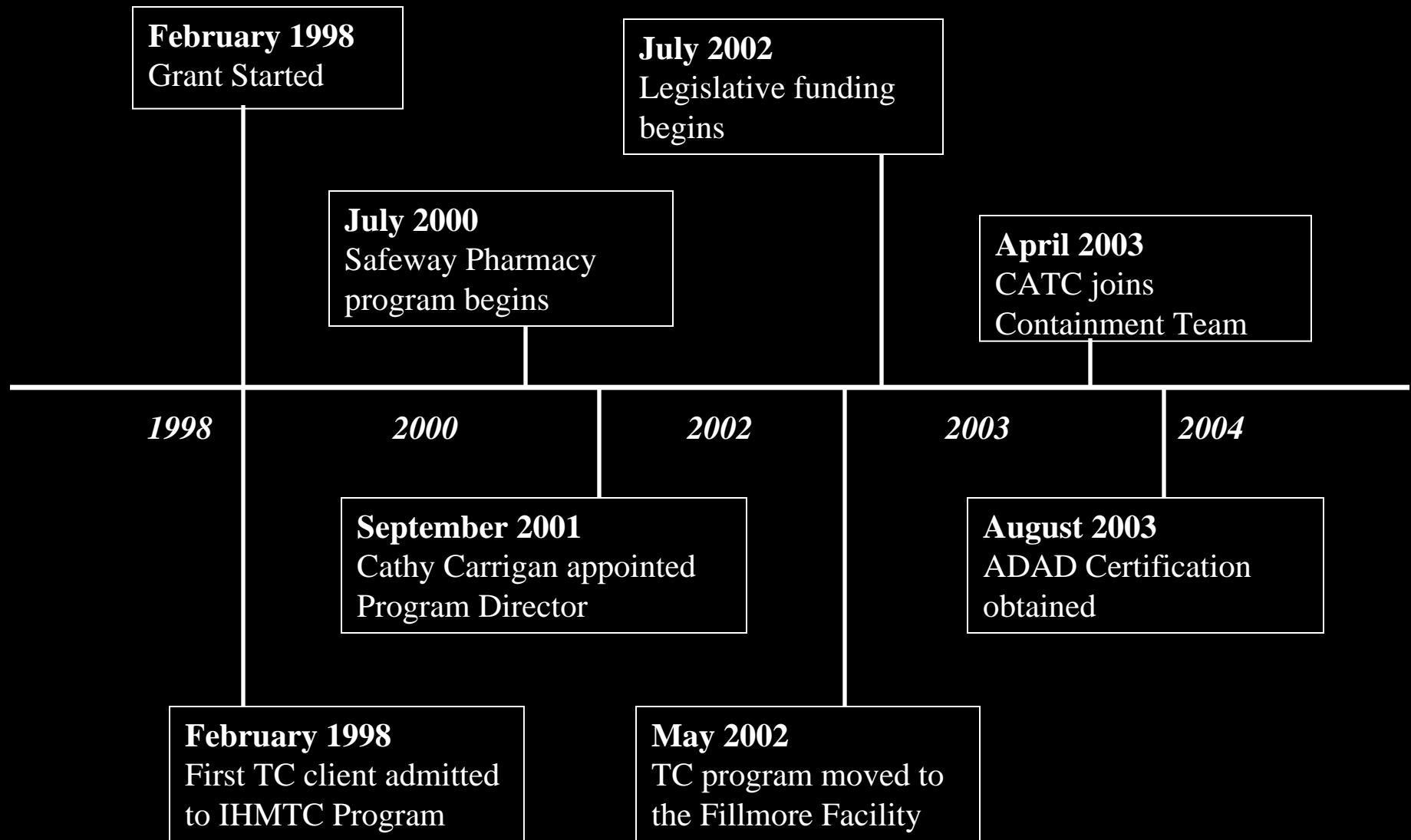
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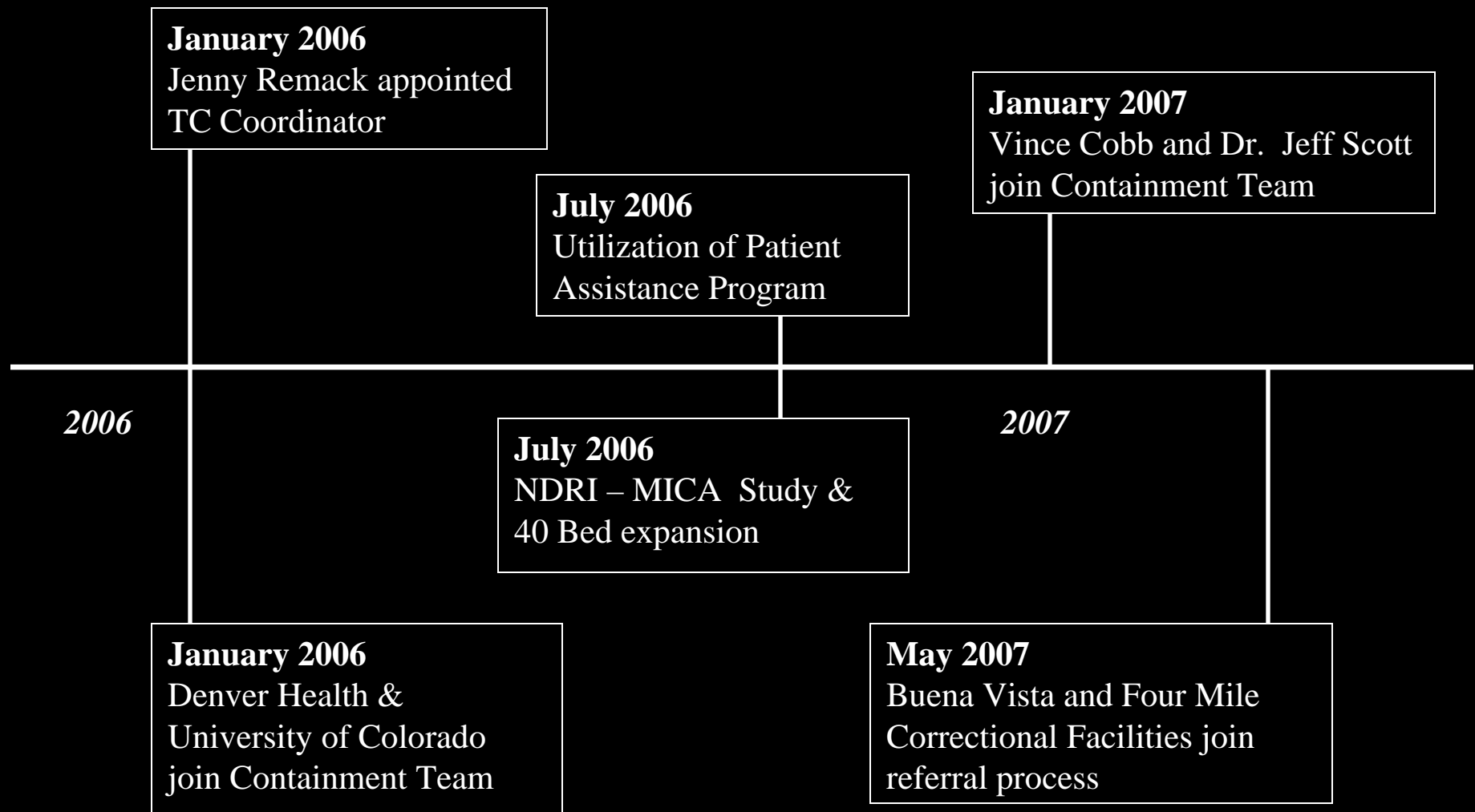
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MTC TIMELINE

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**REFERRAL PROCESS
AND WHO WE ACCEPT**

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Arrowhead Correctional Center, Canon City



San Carlos Correctional Facility, Pueblo



Sterling Correctional Facility, Sterling



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REFERAL PROCESS AND WHO WE ACCEPT

Screening Process

- **Interviews in person at correctional facilities.**
- **Screen past criminal history, escapes, progress in TC at correctional facility**
- **Logistics of being in program. I.e ability to successfully make it through program, medical issues**

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REFERAL PROCESS AND WHO WE ACCEPT

Acceptance Criteria

- Psychological Code of 3 or higher**
- Dual Diagnosis- mental illness and substance abuse disorder**
- Completed a minimum of 6 months at the sending TC.**
- Must be within Parole Eligibility Date (PED)**

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WHAT WE DO...

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WHAT WE DO....

- **Individualized Treatment Plans- Extensive assessments when client arrives. Client centered treatment approach**
- **Activities- Adopt-A-Street, Picnics, Habitat for Humanity, Rockies Games**
- **Resources- DVR, CATC, NA, AA, SSI/SSDI, PAP, Work Force Center, Assisted Living, Long Term Support Systems**
- **Treatment Containment Team/ Staffings**
C.P.O Dave Holestine, CATC, Mental Health Clinician
Dr. Jeff Scott , Psychiatrist Dr. Casey Hemlkamp & Dr. Greg Kellermeyer, DVR and MTC Staff

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STRENGTHS

- On Site Mental Health Team
- Psychotherapist-Dr. Jeff Scott
- Psychiatrists-Dr. Casey Helmkamp & Dr. Greg Kellermeyer
- Certified Addiction Counselors
- In House Cognitive Behavioral Therapy (SSC)
- In House GED Class
- In House Relapse Prevention

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STRENGTHS

- In House Anger Management
- In House Life Skills
- Peer Driven Community
- Clients are not charged subsistence
- Opportunity to pay restitution, child support, save money and consolidate debt
- Monitored Reintroduction into the Community
- Long Term Support System

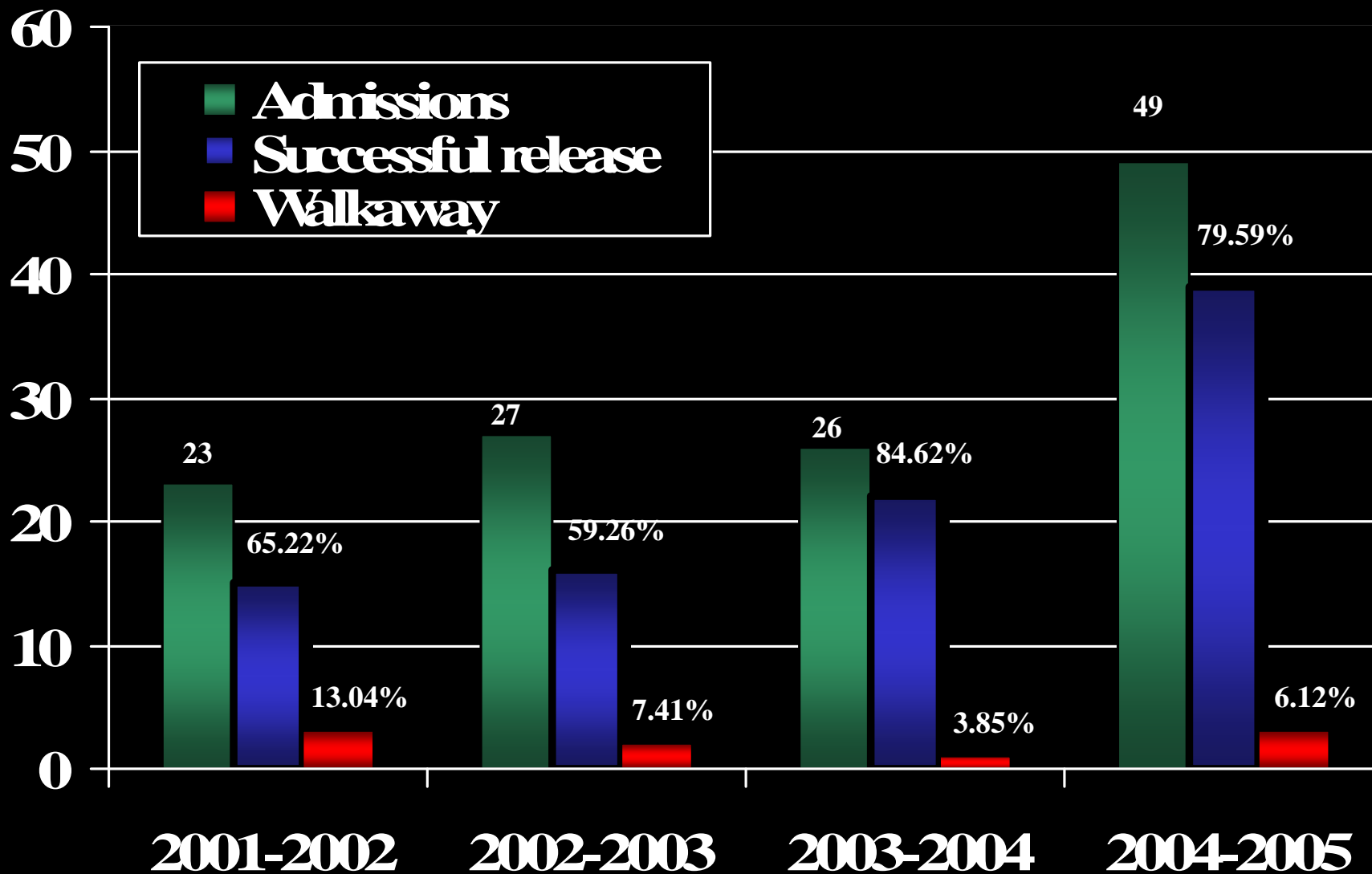
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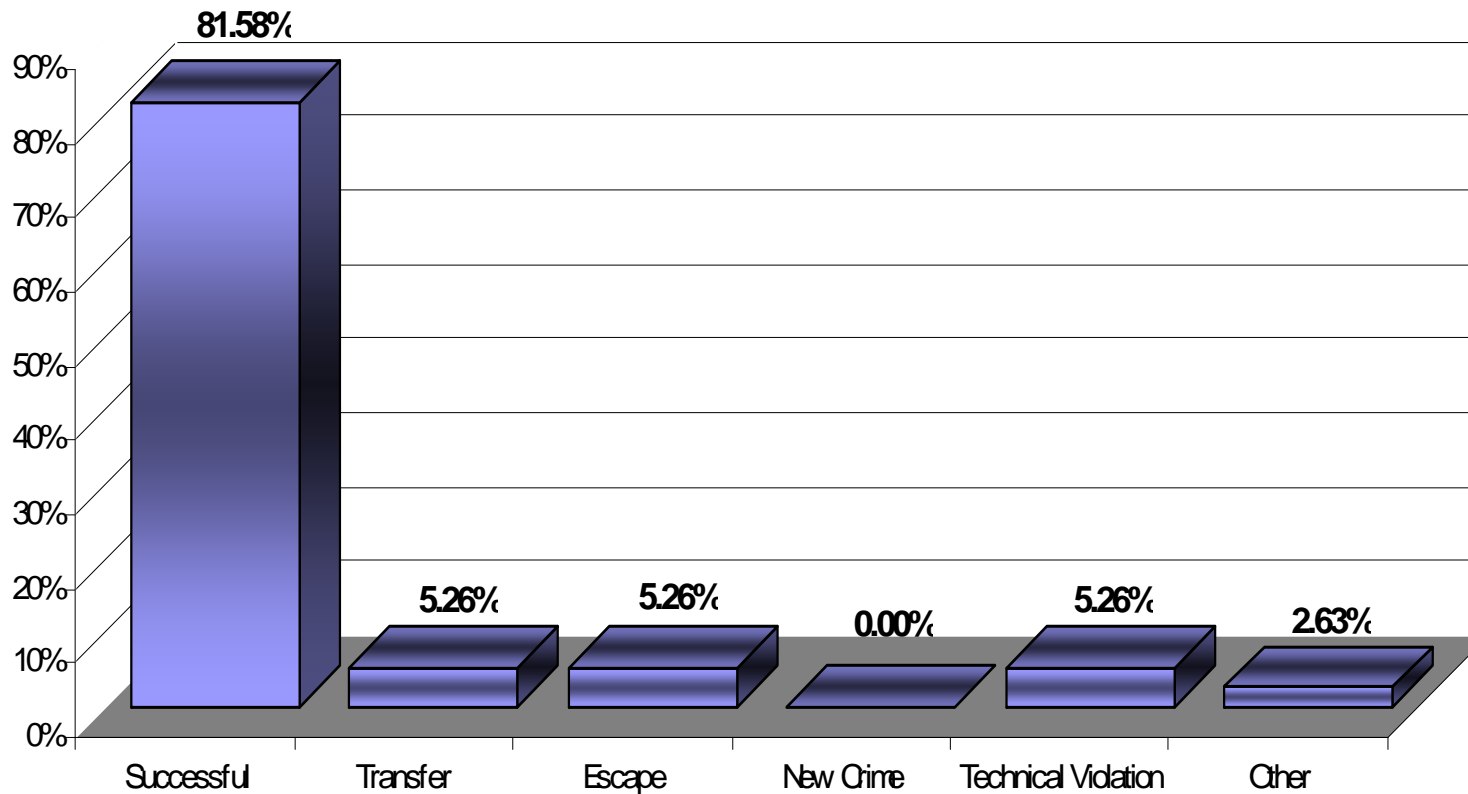
STATISTICS

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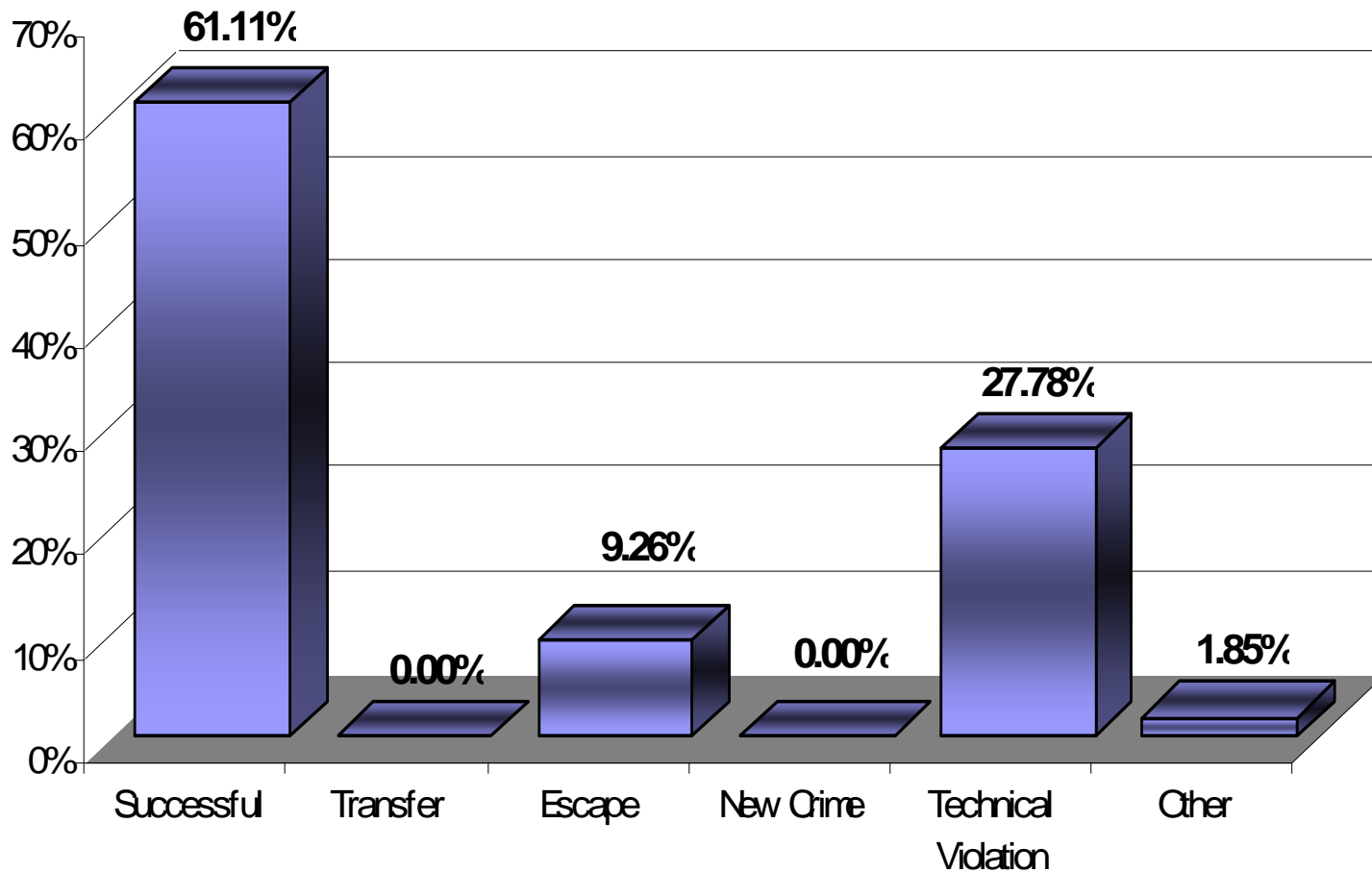
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Independence House Fillmore 2005-2006



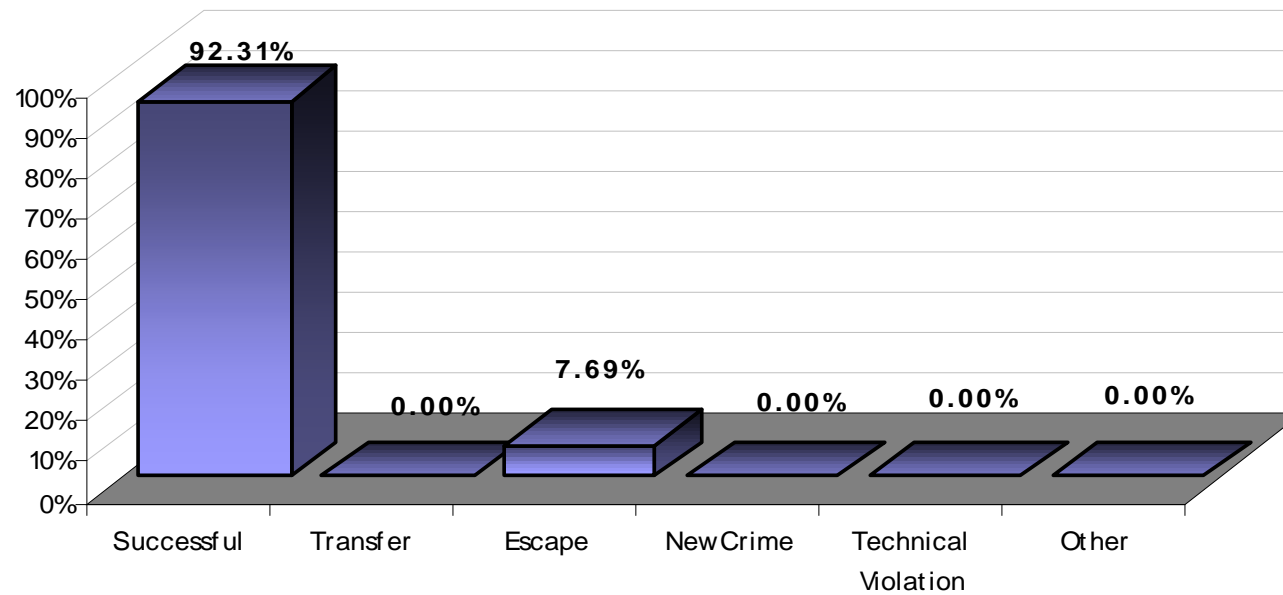
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Independence House Fillmore 2006-2007



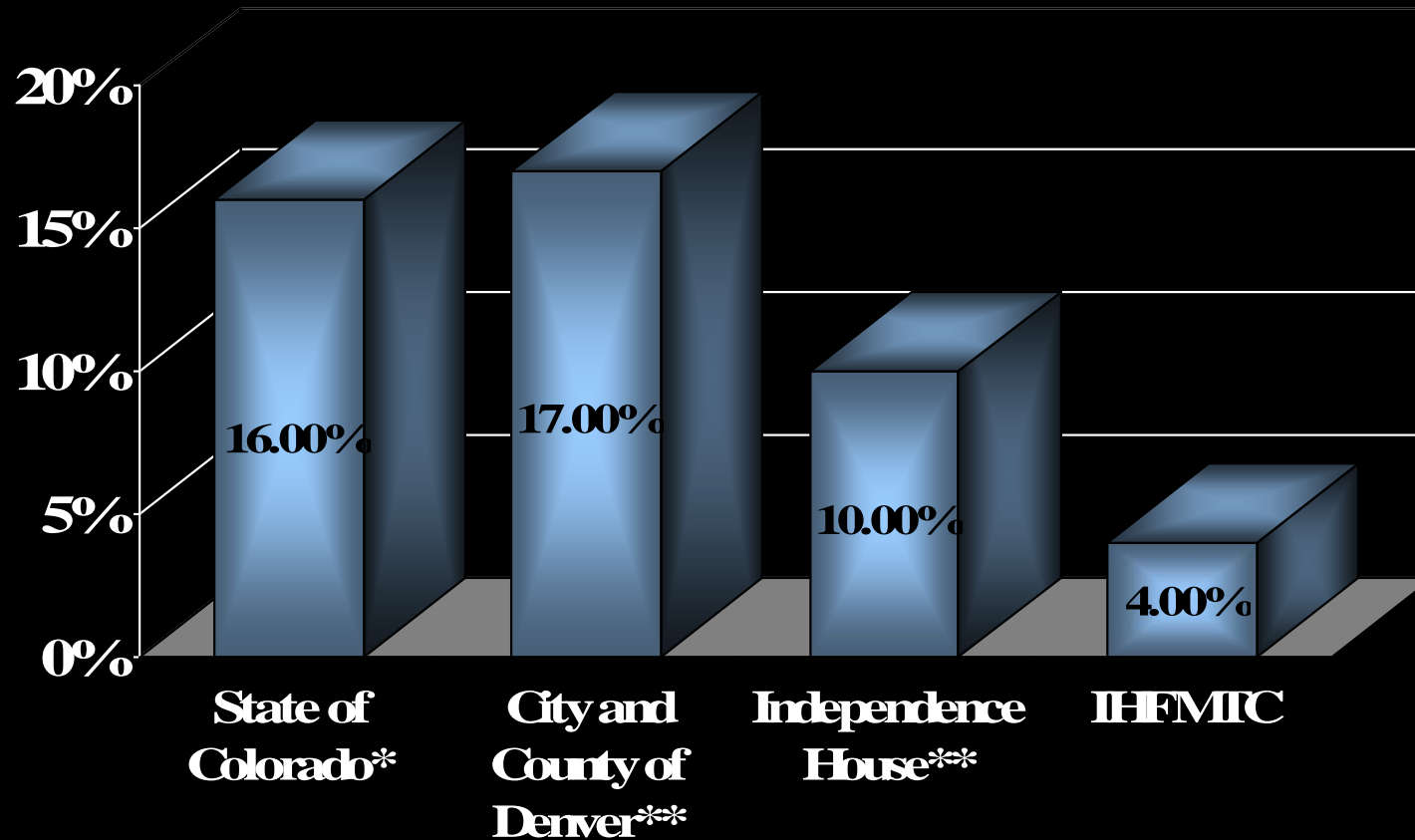
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Independence House Fillmore 2007-2008



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Area Escape Rates



**Annual 2005 Program Report, (Colorado, Division of Community Corrections) p.5,6.

*FY 2004-2005 Annual Report (Colorado, Department of Criminal Justice) p. 18.

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OBSTICLES

- Covering costs of psychotropic medications
- Obtaining Health Care Coverage for Medical Medications for Transitional Offenders
- Referral Process: Dual Diagnoses Criteria
- After Care Treatment

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Patient Assistance
Programs

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www.needymeds.com

This is the best source of information about assistance programs that help with the cost of medications and other healthcare expenses.



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Patient Assistance Programs

- Bridges To Access
- Bristol Myers Squibb Patient Assistance for Abilify
- Lily Cares Foundation Patient Assistance Program
- Johnson & Johnson Patient Assistance Program

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Patient Assistance Programs

Most commonly used Psychotropic Medications at IHF:

Abilify (aripiprazole)

BuSpar (buspirone)

Effexor (venlafaxine hcl)

Elavil (amitriptyline)

Prozac (fluoxetine)

Risperdal (resperidone)

Seroquel (quetiapine fumarate)

Zyprexa (olanzapine)

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Colorado Indigent Care Program or CICP

Clients on Parole Status are eligible for the following benefits through CICP:

- ❖ Sliding Scale fee for psychotropic and medical medications.
- ❖ Client never pays more than 10% of their income in one year for medical and/or psychiatric care.

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