



R.O.C.S.

Recovery Oriented Consumer-run Services

118 DESMOND STREET
SAYRE, PA 18840
570-888-5083
Fax: 750-888-4889

17 PINE STREET
TOWANDA, PA 18848
570-265-0620
Fax: 570-265-4302

A. The Main Link Audio/Visual Presentation

1. Base of Operation
2. Pool of employees to begin the **Forensic Peer Support Program (FPSP)**
3. Positive socialization and support for **ALL** mental health (MH) consumers including those Released from the correctional facility
4. Linkages to services and MH consumer involvement.
5. Forensic program falls under a non-profit “Umbrella” organization

B. Stages of Development

1. Visits

- a. Develop a supportive and positive relationship*
- b. Educate and assist inmates with process of incarceration and release*

2. Court Support

- a. Offer a support on the “Outside”*

3. Mail Correspondence

- a. Positive correspondence from the “Outside”*
- b. Information about MH recovery and activities inmate can use toward their recovery.*
- c. Information about the MH consumer movement for a sense of involvement*

4. Post-Release Services

*a. **Plan Community Integration Strategy***

*b. Assign a **Peer Mentor***

c. Transport from the jail if needed

d. Transport to the courthouse, probation, assistance/SSI office if needed

*e. Introduce to **The Main Link MH Support Center***

f. Transport to services, drug tests and meetings

g. Establish public transportation as needed

h. Visit with the individual in their home

*• **Especially if the individual is on House Arrest***

i. Help with errands

j. Attend community activities

k. Offer supportive phone calls

5. Group Dialogue

- a. Philosophies of MH recovery*
- b. Tools to make the “Waiting Game” more productive*
- c. Community integration planning*
- d. Focus groups*

6. Community Support Program (CSP)

- a. Current events in state and local MH services*
- b. Topics of MH consumer interest*

7. Next Step (Pre-Release Community Integration)

- a. Involves collaboration with other service providers and county offices*

C. Hurdles

1. Understanding Forensic system
2. Understanding Jail / Prison policy and Procedure
3. Becoming a heard and valued voice
4. Dispelling the myth that all peer support is dangerous
5. Choosing the right battles
6. Accepting a slow growth process or plan

D. Tools for Success – Behind the Scenes

1. Understanding Recovery

- a. Research information and Data*
- b. Talk to those in recovery that have experienced the forensic system*
- c. Trainings, Trainings, Trainings*

2. Mental Health Support Centers

- a. Know where the MH centers and services are*
- b. Become involved with the MH Consumer Movement*

3. Collaboration, Networking, and involvement with key people and groups

- a. Criminal Justice Advisory Board*
- b. Local Housing Options Teams*
- c. Community Support Program (CSP)*
- d. MH boards and committees*

4. Consumer, Inmate, Professional input

a. Do not reinvent the wheel if it is not necessary

b. An individual knows what works best for their MH recovery

For a copy of this or the full version of *The Main Link* audio/visual presentation contact us with your Name and Address.

*D. J. Rees
djrees@themainlink.net*

*The Main Link
17 Pine Street
Towanda PA 18848*

*Phone: 570-265-0620
Fax: 570-265-4302*