

Caregiver Support Groups

Support Group/ Facility	Meeting Date	Time	Details
Caregiver Support	3rd Thursday	1:30 pm to 3:30 pm	5743 Bartlett Street. Pittsburgh, PA 15217 412-422-7200 Contact Stephanie Small ssmall@jfcspgh.org Mostly for caregiving dementia patients
Caregiver Support Allentown Senior Center	call for details	call for details	631 E. Warrington Avenue. Pittsburgh, PA 15210 412-481-5484
Caregiver Support Plum Senior Center	call for details	call for details	499 Center-New Texas Road. Pittsburgh, PA 15239 412-795-2330
Caregiver Support Penn Highlands Mon Valley Hospital	call for details	call for details	Penn Highlands Mon Valley Hospital 1163 Country Club Road. Monongahela, PA 15063 724-258-1000
Caregiver Support Westmoreland County Area Agency on Aging	2 nd Wed	1:00 pm to 3:00 pm	971 Old Salem Road. Greensburg, PA 15601 Contact Denise Parker 724-830-4444 www.co.westmoreland.pa.us
Forest Hills All Aging and Caregiving Issues SARAH Adult Day Services	call for details	call for details	SARAH Adult Day Services 2030 Ardmore Boulevard. Pittsburgh, PA 15221 Contact Beverly DiSabato 412-271-3600 sarapgh1@aol.com/ www.saracare.com
Mental Health Support Group Milestone	call for details	call for details	712 South Avenue Pittsburgh PA 15221 412-243-3400 ext. 300 davegliotti@milestonepa.org
Caregiver of Veterans Support	call for details	Call for details	Contact a caregiver support coordinator 1-855-260-3274 www.caregiver.va.gov Call to talk to a Caregiver Support Coordinator who will be able to connect you to different support groups in addition to other caregiver support services.
Caregiver Support Group	In person and Zoom	Zoom Login: Meeting ID: 898 1092 7358 Passcode: 698788	3895 Adler Place. Building A Suite 100 Bethlehem, PA 18017 Email Donna Scrafano for more info at DonnaScrafano@gmail.com

Cancer Caregiver Support Groups

Support Group/ Facility	Meeting Date	Time	Details
Cancer Support Group Cancer Bridges	online	call for details	2816 Smallman Street. Pittsburgh, PA 15222 412-338-1919 www.cancerbridges.org
Caregiver Cancer Support American Cancer Society	call for details	call for details	American Cancer Society 1-800-227-2345

Alzheimer's Caregiver Support Groups

Support Group/ Facility	Meeting Date	Time	Details
Alzheimer's & Dementia Caregivers Anathan Club Members Only	call for details	call for details	300 JHF Drive Pittsburgh, PA 15217 412-422-1550 or 412-422-9454 Contact Aviva Gross, LCSW
Alzheimer's Association, Greater PA Chapter	online	call for details	2835 E Carson St. Pittsburgh, PA 15203 1-800-272-3900 www.alz.org/pa
Alzheimer's Caregiver Support Gateway Hospice	call for details	call for details	9380 McKnight Road, Suite 201 Pittsburgh, PA 15237 412-536-2020 Contact Shelly Marusko
Alzheimer's Caregiver support group Concordia Fox Chapel	Last Thursdays of the month	1:00 pm	931 Rt. 910 Cheswick, PA 15024 412-767-5808 Contact Kelly Elena RSVP to attend
Alzheimer's Caregiver support group Paramount at Senior Living at Cranberry	1st and Last Mondays	6:00 pm to 8:00 pm	Paramount at Senior Living at Cranberry 724-779-5020 Call for additional information and to RSVP
Alzheimer's Support Arden Courts	2nd Wednesdays	call for details	1719 Mt. Royal Blvd. Glenshaw, PA 15116 412-369-7887/412-552-8010 Erin.barefoot@hcr-manorcare.com

Bereavement Caregiver Support Groups

Support Group/ Facility	Meeting Date	Time	Details
Gateway Hospice	call for details	call for details	Gateway Hospice 412-536-2020 Contact Marcy Brown
Excela Health	call for details	call for details	Excela Health Hospital Greensburg or Latrobe 1-877-771-1234
Good Samaritan Hospice	Call for details	Call for details	724-933-8888
Highmark Caring Place	Call for details	Call for details	1-888-224-4673
Three Rivers Hospice	Call for details	Call for details	1-800-282-0306
Family Hospice and Palliative Care	Call for details	Call for details	412-572-8829