



Breakout Session- CANS

If you didn't get to
sign in earlier,
please do so now.

PLEASE DO NOT
SIGN IN TWICE.



HANDBOOK
REVIEW & TIPS

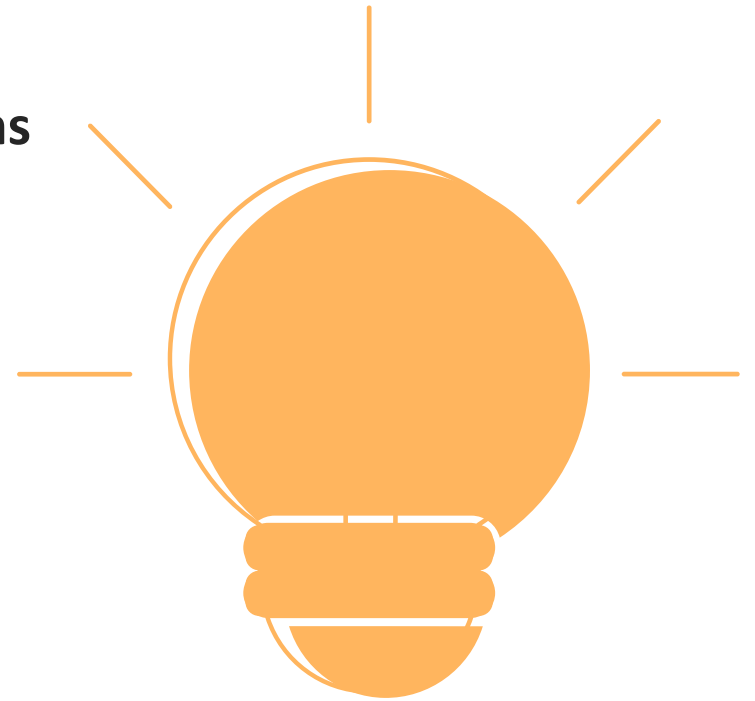


PRACTICE
ACTIVITY



Rating Tips

- ✓ Refer back to the Decision Tree or Rating Scale Reminders Document when rating
- ✓ If there is no evidence, rate a 0 for needs and a 3 for strengths
- ✓ Do not assume there is evidence, find the evidence for each item!
- ✓ Rate to the highest need
- ✓ Use the process of elimination
Ask yourself, “Would I take action?”
or “Is this a useful strength?”








STRENGTHS

Darryl is 15 years old and lives with his grandparents. They have been struggling a bit with their relationship lately. Darryl's aunt and 5 cousins live in the neighborhood. Darryl spends a lot of time there, hanging out at their house and they often go to the library together and participate in some of the teen activities there. Darryl reports "I might like to get into reading." "I wish I could live with my aunt. She always takes time to listen to me," Darryl said. Darryl's aunt is a great support for the whole family and checks on the grandparents often.

Darryl reports having a lot of friends and has been seeing this girl for about two months." When asked about school, Darryl reports "I know that I can do better and I'm hopeful that I'll be able to pass this year, but I can't figure out how to get my grades up."

Strengths Rating Scale

	Rating	Level of Strength	Action
	0	Significant strength	Use as a centerpiece in planning
	1	Useful strength	May be a part of the service plan
	2	Identified strength	Requires building to be useful
	3	Strength not present or identified	Effort required to identify and build strengths
	Explore	Not known at this time	Check in and update later

Which Strengths are Relevant?

Strengths, Resiliency, and Wellness	
1. Family/Other Significant Relationships	
2. Interpersonal Skills	
3. Spirituality	
4. Cultural Identity	
5. Community Connection	
6. Natural Supports	
7. Resiliency	
8. Talents and Interests	
9. Educational/Vocational	
10. Investment in Services	






LIFE FUNCTIONING

Darryl's grandfather had a stroke three months ago. Since then, grandmother reported that Darryl has grown increasingly argumentative at home and disruptive at school where he had a one-day suspension for fighting. When asked about the fight, Darryl responded, "Some kid was talking about my mom, so I punched him. In that moment, I just couldn't control my anger." At school, Darryl's grades have slipped considerably. He is failing all his classes.

Darryl's grandparents are frustrated with his behavior at home. Grandmother reports "it's getting to a point where I don't think his grandfather and I can handle it anymore."

Darryl reports having a lot of friends and a girlfriend. When asked if he was sexually active, Darryl reported "My girlfriend and I have messed around a little and went all the way once." When asked if they were safe, Darryl replied "We didn't use anything the first time, but I plan to use condoms from now on."

Needs Rating Scale

	Rating	Level of Need	Action
	0	No evidence of need	No action needed
	1	Significant history, possible need, or disagreement	Keep an eye on this
	2	Need interferes with functioning.	Action needed
	3	Need is severe, dangerous or prevents functioning in some area	Immediate or intensive action needed
	Explore	Not known at this time	Check in and update later

Which Needs are Relevant?

Life Functioning	
11. Family Functioning	
12. Social Functioning	
13. Social Resources	
14. Intellectual/Developmental	
15. Physical/Medical	
16. Sleep	
17. Cultural Considerations	
18. Sexual Orientation/Identity	
19. Gender Identity & Expression	
20. Self-Care/Daily Living	
21. Substance Use	
22. Sexual Development/Health	
23. Decision Making	
24. School	
25. Justice Involvement	
26. Adjustment to Trauma	

TRAUMATIC EXPERIENCES

CYF removed Darryl from his mother's care due to severe neglect when he was an infant and placed him with his grandparents. Darryl's mother has a serious substance dependence disorder, and he has not been in contact with her for more than five years. However, recently he heard his mother was on the local news because she survived an overdose after being given Naloxone. Darryl does not know the identity of his father.

Which Traumatic Experiences are relevant?

Trauma Experiences

Sexual Abuse

Physical Abuse

Emotional Abuse

Medical Trauma

Natural/Man-Made Disaster

Witness to Family Violence

Witness/Victim to Criminal Acts

War/Terrorism Affected

Neglect

Attachment Losses

Systems Induced Trauma

Other Traumatic Experiences

No Trauma Indicated

EMOTIONAL & BEHAVIORAL NEEDS

Darryl attended an assessment meeting and he was visibly sullen and unresponsive. When asked if he was feeling depressed, Darryl responded, “I don’t know. I feel kinda sad when I think about my mom and what has happened to my pap.”

Darryl says being the only kid living at his grandparents’ house is boring and he resents his grandparents for all their rules.

Darryl’s grandmother reports her frustration with Darryl’s behavior. “Darryl is always starting arguments with me,” she said. “We try to be reasonable about house rules. We give him a curfew of 10pm, but he often disregards it and comes home whenever. He also got into a fight at school.”

Which Needs are Relevant?

Behavioral/Emotional Needs	
28. Psychosis	
29. Impulsivity/Hyperactivity	
30. Depression	
31. Anxiety	
32. Oppositional	
33. Conduct Behaviors	
34. Anger Control	
35. Eating Disturbance	

RISK FACTORS & BEHAVIORS

When asked about the fight at school, Darryl reflected “I punched a kid for talking about my mom. I normally get along with everyone, but in that moment, I just couldn’t control my anger.”

When asked if he was sexually active, Darryl reported “My girlfriend and I have messed around a little and went all the way once.” When asked if they were safe, Darryl replied “We didn’t use anything the first time, but I plan to use condoms from now on.”

Which
Needs
are
Relevant?

Youth Risk/Behavioral Factors

36. Suicide Risk

37. Risk to Self

38. Risk to Others

39. Current Environmental Stressors

40. Exploited

41. Intentional Misbehavior

CAREGIVER NEEDS

When asked if the whole family would participate in therapy together, Darryl's grandfather said, "No, this is Darryl's problem and he needs to handle it on his own. Darryl is so ungrateful. We've done so much for him over the years. And how does he thank us? By acting out. We've given him enough already." His grandparents have asked for assistance in pursuing other options for Darryl, like foster care or a residential treatment facility. "Our relationship with Darryl has been very strained lately and it's causing me and his grandfather stress. We were thinking that if he moved out for a while, this could save our relationship."

Grandfather's stroke has left him with partial paralysis on the right side of his body and he now uses a wheelchair. "His recovery has been going well, but the transition has been hard on the whole family. I think it's hard for Darryl to see that his grandfather's health isn't what it used to be," his grandmother reflected.

Which Needs are Relevant?

Caregiver Needs

42. Supervision

43. Involvement in Services

44. Emotional Responsiveness

45. Social Resources

46. Safety

47. Intellectual/Developmental

48. Justice Involvement

49. Other Legal Involvement

50. Health

51. Household/Basic Needs

52. Relationship Quality

53. Caregiver Stress

54. Adjustment to Trauma

Next Steps-Email following the training:

Step 1: Certification Exam

You should receive an email confirming your email address with the Training site at some point today. If not, please reach out.

Step 2: Modules

Module 1, part A-Complete ISAR Form

Module 1, part B - Using the DHSAT System

Module 2- Engagement-
Brief video and reflection question

Module 3- Trauma- Informed Engagement
Video, Game and Reflection Question

* Required

Application Access

11. Application NAME *

DHS ASSESSMENT TOOL (CANS/ANSA) ▾

12. DHS Assessment Tool Application ROLE *

Creator/Caseworker ▾

13. DHS Assessment Tool AGENCY *

A Second Chance, Inc. ▾

14. Do you need to add another application? *

Yes

No

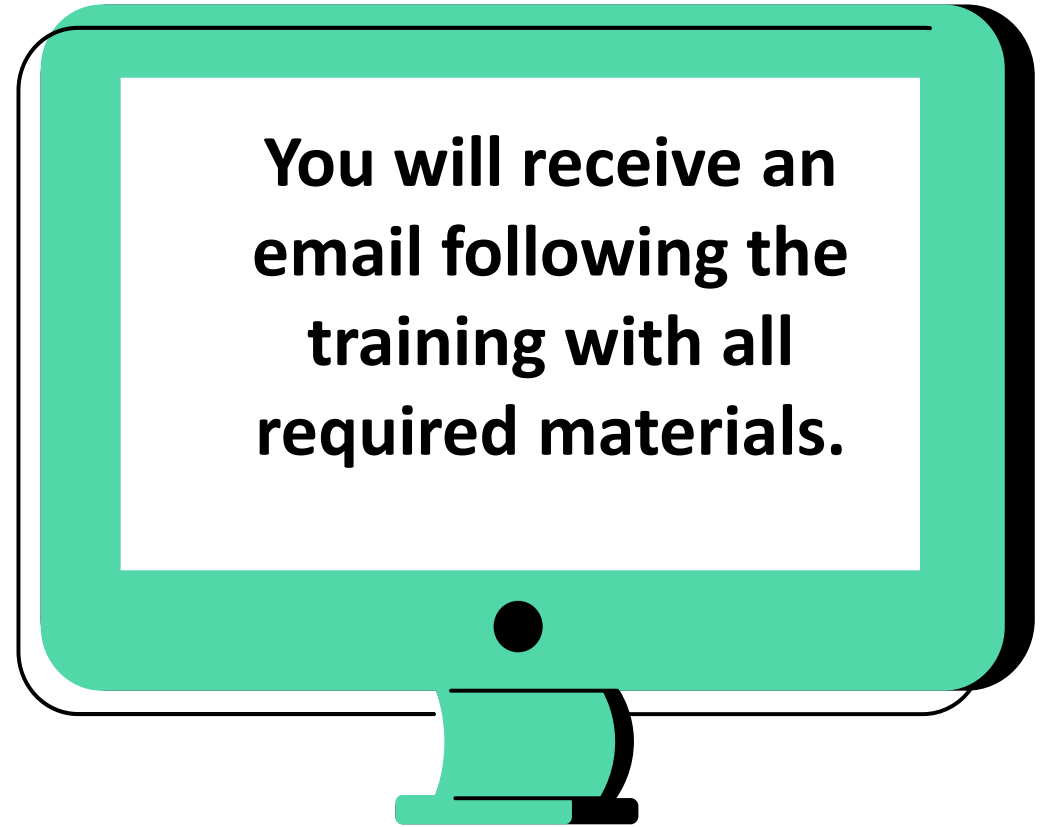
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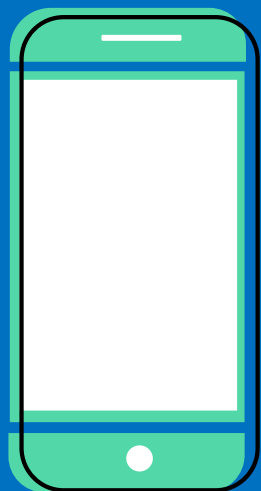
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Next Steps

1. Complete the Certification Test within 3 business days.
2. IF YOU DO NOT PASS AFTER 2-3 ATTEMPTS PLEASE CONTACT US.
3. Complete all learning modules within 5 business days
Module 1, parts A&B- Accessing the DHSAT Application
Module 2- Engagement
Module 3- Trauma informed Care
4. Once all requirements are complete you will receive information about the Service Planning Training (OBH only)

Once all steps are completed you will receive your certificate of completion.





Training Evaluation



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