



Allegheny County Office of Developmental Supports (AC DHS ODS)

registers eligible Allegheny County residents with Intellectual Disability (ID), Autism, Developmental Disability (DD) prior to age 9 and Medically Complex Condition (MCC) prior to age 22. ODS connects them to Supports Coordination and other supports and services.

Information and connections to helpful supports and services can be shared with all regardless of registration eligibility.



ODS strives to assist individuals, their families and the people that support them to
~live an everyday life
~plan for the future
~navigate significant milestones
~fully participate in their community.

Learn more and contact ODS



The Charting the LifeCourse (CtLC) framework

was created to help individuals and families of all abilities and all ages develop a vision for a good life, think about what they need to know and do, identify how to find or develop supports, and discover what it takes to live the lives they want to live. Learn more about CtLC at www.lifecoursetools.com/
Learn more, be informed about webinars for and by families and get support using CtLC through the PA Family Network www.visionforequality.org/programs/pa-family-network/

CtLC is	Key Principals
<ul style="list-style-type: none"> • About having different conversations • A different way of thinking • Encouraging high expectations • Having life experiences to move the trajectory in the desired direction • Integrating multiple types of support 	<ul style="list-style-type: none"> • Focusing On All People • Recognizing the Person Within the Context of Their Family • Trajectory of Life Experiences Across the Lifespan • Achieving Life Outcomes • Holistic Focus Across Life Domains • Supporting the Three Buckets of Need • Integrated Services and Supports Across the LifeCourse • Transformational Policy and Systems Change



Supporting the Three Buckets of Need

The three strategies for supporting individuals and their families can be organized into three categories.

Blue bucket: Discovery and Navigation

Having the information and tools you need to navigate life.

Orange bucket: Connecting and Navigation

Making connections with peers and resources to help you navigate.

Green bucket: Goods and Services

The day-to-day tangible items you buy or use from public and private organizations.

From Charting the LifeCourse Nexus at www.lifecoursetools.com/

Why connect with the Allegheny County DHS Office of Development Supports (ODS) and get to know a Supports Coordinator now? 2-2024
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Why connect with the Office of Development Supports (ODS) and get to know a Supports Coordinator (SC) now?

Helping fill your blue bucket.

- talk with your SC so they get to know your wants, needs and life choices.
- your SC will develop (and update as needed) an Individual Supports Plan (ISP) with you to focus on your strengths *and* needs.
- talk about your vision for a good daily life now and in the future.
- your SC will share Charting the LifeCourse tools to encourage conversations about and planning for your good life.
- the SC will work with students, families, schools, and providers as part of *your* team.

Helping fill your orange bucket.

The SCs role is to locate, coordinate, and monitor supports and services.

your SC can

- introduce you to resources in the community and other systems like mental health, autism supports or OVR for employment.
- attend some meetings with you. for example: school, OVR or with service coordinators.
- help with paperwork from others, like from medical assistance (MA).
- connection with other families and caregivers and community groups.
- connection with self-advocate groups.
- bring a fresh perspective to conversations.

Helping fill your green bucket.

- ideas for a break from caregiving.
- information about Caregiver Support Programs
- opportunities for caregiver support.
- resources for food, housing, or utilities
- assistive technology such as home and vehicle modifications or communication devices.
- support for community participation and engagement: locate free and low-cost options and find funding for things like summer camps, dance lessons, sports. includes discounted admissions to local attractions.
- navigate medical assistance (MA) and social security.
- locate service providers and agencies.
- access supports in the community.

Why connect now with ODS and build a relationship with a Supports Coordinator (SC)?

Registration is a process and building a relationship with an SC takes time. Early planning leads to better lives!

How will this relationship help registered individuals, their families and people that support them?

The SC will be a valuable resource to help fill all three buckets!

Get started by calling ODS at 412-253-1250 to learn about registering for Supports Coordination.

Funding for home and community-based services (waivers through ODS) may be available to registered individuals. Funding is based on eligibility, assessed needs and availability. There are a lot of helpful and supportive resources that SCs and ODS can help connect you with that are not funded by waiver.