

RESOURCE GUIDE

**For
Child and Adolescent
Mental Health Services**



Allegheny County
Department of Human Services
Office of Behavioral Health
Bureau of Child and Adolescent MH Services

Rev. 2.23.2016
(G:) Drive: Directories

This Resource Guide is maintained and updated by the
Allegheny County Department of Human Services
Office of Behavioral Health
Bureau of Child & Adolescent Mental Health Services

A copy of the Resource Guide can also be found online at:

<http://www.alleghenycounty.us/Human-Services/Resources/Publications/Resource-Guides.aspx>

Scroll down to **Mental Health Concerns and/or Substance Use Disorders (D&A)**

Click on [Child and Adolescent Mental Health Services Resource Guide](#).

Please contact Anita Ostrowski for any additions or corrections at
412 350-5746 or anita.ostrowski@alleghenycounty.us

SERVICE COORDINATION UNITS

SCU – Service Coordination Units provide behavioral health services in different areas throughout Allegheny County. Consumers may access services by using their medical insurance, or fees can be set based on a sliding scale. Depending on the program or income eligibility guidelines, some services may also be free of charge. These agencies offer a wide range of treatment and support for children and adults whose functioning is impaired by mental illness, intellectual disability or alcohol and other drug dependency. Consumers may choose their Service Coordination Unit, but they may find it more convenient to start with the program that services their area.

Allegheny Children’s Initiative

2304 Jane Street
Pittsburgh, PA 15203
P: 412-431-8006
F: 412-431-8124

FamilyLinks

2644 Banksville Road
Pittsburgh, PA 15216
P: 412-343-7166
F: 412-343-8249

HSAO, Inc.

2801 Custer Avenue
Pittsburgh, PA 15227
P: 412-884-4500
F: 412-885-3900

Milestone Centers, Inc.

777 Penn Center Blvd., Suite 200
Pittsburgh, PA 15235
P: 412-731-9707
F: 412-731-9834

Pressley Ridge

2611 Stayton Street
Pittsburgh, PA 15212
P: 412-442-2080
F: 412-442-2958

Turtle Creek Valley MH/MR Program

723 Braddock Avenue
Braddock, PA 15104
P: 412-351-0222
F: 412-351-0180

Chartiers MH/MR Center, Inc.

437 Railroad Street
Bridgeville, PA 15017
P: 412-221-3302
F: 412-257-2008

Family Services of Western PA

321 East Fifth Avenue
Tarentum, PA 15084
P: 724-230-2777
F: 724-230-2778

Mercy Behavioral Health

1200 Reedsdale Street
Pittsburgh, PA 15233
1-877-637-2924
P: 412-323-8026
F: 412-320-2376

Mon Yough Community Services

500 Walnut Street
McKeesport, PA 15132
P: 412-675-8480
F: 412-675-8484

Staunton Clinic

111 Hazel Lane
Sewickley, PA 15143
P: 412-749-7330
F: 412-749-7765

Western Psychiatric Institute & Clinic

Champion Commons Building, Bldg. #2
5231 Penn Avenue, 2nd Floor
Pittsburgh, PA 15224
P: 412-204-9042
F: 412-204-9134

ADMINISTRATIVE SERVICE COORDINATION

ASC – Administrative Service Coordination is usually a starting point for most families. If a consumer is registered with any Service Coordination Unit in Allegheny County, an Administrative Service Coordinator will assess the consumer’s needs, help search for the appropriate providers, and make referrals to the services needed. An Administrative Service Coordinator provides technical assistance to families and children in need.

This service is available with or without insurance.

Allegheny Children’s Initiative

Jeannette Smith
2304 Jane Street
Pittsburgh, PA 15203
Phone: 412-390-2609
Fax: 412-431-8124

Chartiers Valley MH/MR

Melissa Zirwas
437 Railroad Street
Bridgeville, PA 15017
Phone: 412-221-3302 Ext. 124
Fax: 412-257-2008

FamilyLinks

Haley Dillman
2644 Banksville Road
Pittsburgh, PA 15216
Phone: 412-389-0821 (Haley’s direct #)
Fax: 412-343-8249

Family Services of Western PA

Jamie Husar
310 Central City Plaza
New Kensington, PA 15068
Phone: 724-335-9883 Ext. 5517
Fax: 724-335-8299

HSAO

Kelly DiNapoli
2801 Custer Avenue
Pittsburgh, PA 15227
Phone: 412-884-4500
Phone: 412-942-0798 (Kelly’s direct #)
Fax: 412-885-3900

Mercy Behavioral Health

Nancy Reed
1200 Reedsdale Street
Pittsburgh, PA 15233
Phone: 412-320-2374
Fax: 412-320-2376

Milestone Centers

Jill Litman
712 South Avenue
Pittsburgh, PA 15221
Phone: 412-731-9707 Ext. 205
Fax: 412-731-2684

Mon Yough

Amber Kennedy
500 Walnut Street
McKeesport, PA 15132
Phone: 412-675-8226
Fax: 412-675-8484

Pressley Ridge

Jeff Rader
530 Marshall Avenue
Pittsburgh, PA 15214
Phone: 1-888-777-0820
Phone: 412 442-4438 (Jeff’s direct #)
Fax: 412-442-4420

Staunton Clinic

Mark Oros
111 Hazel Lane
Sewickley, PA 15143
Phone: 412-749-7770
Fax: 412-749-7765

Turtle Creek MH/MR

Bob Pugh
723 Braddock Avenue
Braddock, PA 15104
Phone: 412-351-0222
Fax: 412-351-0180

Western Psychiatric Institute and Clinic

Melissa Levy
Champion Commons Building, Bldg. #2
5231 Penn Avenue, 2nd Floor
Pittsburgh, PA 15224
Phone: 412-204-9059 Fax: 412-204-9069

BLENDING SERVICE COORDINATION

BSC – Blended Service Coordination - If a child is experiencing more significant serious emotional disturbance(s) that interfere with his or her ability to function, and he or she needs to receive treatment from two or more mental health providers or publicly funded systems, (such as Education, Child Welfare or Juvenile Justice), a Blended Service Coordinator would assist the family and child in coordinating these services. A blended service coordinator will also serve as a link and advocate between multiple systems to ensure the child gets the services that he or she needs. A Blended Service Coordinator will meet with the family/child in the home, at school or in the community, as needed.

**Intakes can be done at the office, over the phone, or in the home.
Agencies have up to 30 days to receive an evaluation.**

<p><u>Allegheny Children’s Initiative</u> <i>Lisa Peterson Lizun</i> 2304 Jane Street Pittsburgh, PA 15203 Phone: 412-390-3833 Fax : 412-431-3849</p>	<p><u>Chartiers MH/MR Center, Inc.</u> <i>Jacque Hunter & Stephanie Villella</i> 437 Railroad Street Bridgeville, PA 15017 Phone: 412-221-3302 Ext. 213 Fax: 412-257-2008</p>
<p><u>FamilyLinks</u> <i>ASC SERVICES ONLY</i></p>	<p><u>Family Services of Western PA</u> <i>Intake Department</i> 414 Corbet Street Tarentum, PA 15084 Phone: 724-335-9883 Fax: 724-335-2730</p>
<p><u>HSAO, Inc.</u> <i>Ian Wilson</i> 2801 Custer Avenue Pittsburgh, PA 15227 Phone: 412 942-0793 Fax: 412-885-3900</p>	<p><u>Mercy Behavioral Health</u> <i>Brian Milligan</i> 1200 Reedsdale Street Pittsburgh, PA 15233 Phone: 412-773-0436 <i>Tracey Ramage 412-773-0477</i> Fax: 412-320-2376</p>
<p><u>Milestone Centers, Inc.</u> <i>Michelle Campbell</i> 777 Penn Center Blvd., Suite 200 Pittsburgh, PA 15235 Phone: 412-243-3400 Ext. 370 Fax: 412-244-4797</p>	<p><u>Mon Yough Community Services</u> <i>Lisa Stagon</i> 500 Walnut Street McKeesport, PA 15132 Phone: 412-675-8528 Fax: 412-675-8484</p>
<p><u>Pressley Ridge</u> <i>Jeff Rader</i> 2611 Stayton Street Pittsburgh, PA 15212 Phone: 412-442-4438 <i>Kelly McFadden 412 442-2985</i> Fax: 412-442-2958</p>	<p><u>Staunton Clinic</u> <i>Mark Oros</i> <i>TRANSITION AGE SERVICES ONLY</i> <i>Phone: 412-749-7770</i> <i>Fax: 412-749-7765</i></p>
<p><u>Turtle Creek Valley MH/MR Program</u> <i>Joy Jones</i> 723 Braddock Avenue Braddock, PA 15104 Phone: 412-351-0222 Ext. 4478 Fax: 412-351-0695</p>	<p><u>Western Psychiatric Institute & Clinic</u> <i>Rosanne Pavlik</i> Champion Commons Building, Bldg. #2 5231 Penn Avenue, 2nd Floor Pittsburgh, PA 15224 Phone: 412-204-9058 Fax: 412-204-9133</p>

INDEPENDENT SUPPORTS COORDINATION

Allegheny County Office of Intellectual Disability Intake – 412-253-1250

ISC – Independent Supports Coordination - Every person registered with Allegheny County Office of Intellectual Disability (OID) receives Supports Coordination services.

The role of an Independent Supports Coordinator is usually described in three ways:



Locating Services— helping you find ways to meet your needs.



Coordinating Services— helping you access services that will help you.



Monitoring Services— Making sure that you receive services in the safest and best way to meet your needs.

Center for Community Resources

724-431-3622
www.ccrinfo.org

Family First

330-651-0054
Atj021@yahoo.com

FamilyLinks

2644 Banksville Road
Pittsburgh, PA 15216
(Banksville)
412-343-7166

Journey to Wellness

103 Rodger Place
N. Versailles, PA 15137
412-824-6548
www.journeytowellnesssupportscordination.com

Mon Valley Supports Coordination

A division of Rankin Christian Center
230 Third Street
Rankin, PA 15104
412-464-1545

SAM

(Service Access and Management, Inc.)

814-661-8834
www.sam-inc.org

Staunton Clinic

ID Coordination
111 Hazel Lane
Sewickley, PA 15143
412-749-7335
Fax: 412 749-6777

BEHAVIORAL HEALTH REHABILITATION SERVICES

BHRS – Behavioral Health Rehabilitation Services are mental health services that are provided to children and adolescents in their home and in community settings. They are sometimes called wraparound services. BHRS are for children that have a serious emotional or behavioral disorder that can best be treated in the home and/or in the community.

Allegheny Children's Initiative

2304 Jane Street
Pittsburgh, PA 15203

Phone: 412-431-8006
Fax: 412-431-8124

Allegheny Psychological Services

Medical Center, East
211 N. Whitfield Street
Suite 500
Pittsburgh, PA 15206

Phone: 412-361-1575
Fax: 412-361-7156

Alliance Health Wrap

634 Brown Avenue
Turtle Creek, PA 15145

Phone: 412-823-5293
Fax: 412-823-5294

The Barber Institute

35 Wilson Street, Suite 103
Pittsburgh, Pa 15223

Phone: 412-772-6947
Fax: 412-772-6954

Community Alternatives, Inc.

70 S. 12th Street
Pittsburgh, PA 15203

Phone: 412-381-5040
Fax: 412-381-5138

Community Psychiatric Centers

Medical Center East
211 N. Whitfield Street
Pittsburgh, PA 15206

Phone: 412-661-5437
Fax: 412-661-5438

Community Psychiatric Centers

Parkway Building
339 Haymaker Road
Suite 1104
Monroeville, PA 15146

Phone: 412-372-8000
Fax: 412-372-4117

Community Psychiatric Centers

Professional Building
701 5th Avenue
New Kensington, PA 15068

Phone: 724-335-7200
Fax: 724-850-7214

Community Psychiatric Centers

Monessen Business Center
Suite 320
435 Donner Avenue
Monessen, PA 15062

Phone: 724-684-4710
Fax: 724-684-4710

Community Psychiatric Centers

814 East Pittsburgh Street
Greensburg, PA 15601

Phone: 724-850-7200
Fax: 724-850-7214

Family Behavioral Resources

90 West Chestnut Street
Suite 110LL
Washington, PA 15301

Phone: 724-229-0311
Fax: 724-229-3277

Family Behavioral Resources

8962 Hill Drive
North Huntingdon, PA 15642

Phone: 724-861-9200
Fax: 724-861-5926

BHRS (continued)

Family Behavioral Resources
Andre Plaza Building, Suite 102
8035 McKnight Road
Pittsburgh, PA 15237

Phone: 412-366-8342
Fax: 412-366-8346

Family Behavioral Resources
339 Old Haymaker Road
Suite 1102
Monroeville, PA 15146

Phone: 412-824-4005
Fax: 412-824-4006

Family Behavioral Resources
101 Towne Square Way
Suite 239
Brentwood Towne Square
Pittsburgh, PA 15227

Phone: 412-881-2400
Fax: 412-881-6400

Family Behavioral Resources
Park West One
1000 Cliff Mine Road, Suite 100
Pittsburgh, PA 15275

Phone: 412-788-4224
Fax: 412-788-4487

Family Behavioral Resources
4 Kensington Square
New Kensington, PA 15068

Phone: 724-337-1890
Fax: 724-335-9734

FamilyLinks
2644 Banksville Road
Pittsburgh, PA 15216

Phone: 412-343-7166
Fax: 412-343-8249

Glade Run Lutheran Services
5648 Friendship Avenue (2nd Floor)
Pittsburgh, PA 15206

Phone: 412-661-1827
Fax: 412-661-1867

Glade Run Lutheran Services
70 W. Beaver Street
Zelienople, PA 16063

Phone: 724-283-9436
Fax: 724-282-9759

InVisions, Inc.
(Formerly Sharp Visions, Inc.)
1425 Forbes Avenue
Pittsburgh, PA 15219

Phone: 412-456-2144
Fax: 412-456-2145

Mercy Behavioral Health
1200 Reedsdale Street
Pittsburgh, PA 15233

Phone: 412-697-0707
Fax: 412-697-4730

Milestone Centers, Inc.
777 Penn Center Blvd., Suite 200
Pittsburgh, PA 15235

Phone: 412-731-9707
Fax: 412-731-9834

Nisar Health & Human Services, Inc.
560 Beatty Road
Monroeville, PA 15146

Phone: 412-374-8275
Fax: 412-374-0708

NHS Human Services
10700 Frankstown Road
Suite 501
Pittsburgh, PA 15235

Phone: 412-247-1091
Fax: 412-243-9982

Paula Teacher & Associates, Inc.
6149 Saltsburg Rd., Suite 4
Verona, PA 15147

Phone: 412-744-4073
Fax: 412-704-5323

PLEA
733 South Avenue
Pittsburgh, PA 15221

Phone: 412-243-3464
Fax: 412-243-5649

BHRS (continued)

Pressley Ridge – Autism & Developmental Disabilities Program

1450 Ingham Street
Pittsburgh, PA 15212

Central Adm: 1-888-777-0820
Fax: 412-321-0508

The Stern Center for Developmental and Behavioral Health

21 Yost Boulevard
Cost Commons #5, Suite 303
Pittsburgh, PA 15221

Phone : 412-816-0761
Fax: 412-816-1680

WJS Psychological Services

633 Long Run Road
McKeesport, PA 15132

Phone: 412-751-5280
Fax: 412-751-5530

Wesley Spectrum Services (South)

11 Mayview Road
Canonsburg, PA 15317

Phone: 724-820-1590
Fax: 724-820-1598

Youth Advocate Program

26 Terminal Way
Pittsburgh, PA 15219

Phone: 412-381-5563
Fax: 412-381-5584

Southwestern Human Services

110 Fort Couch Road, 2nd Fl.
Pittsburgh, PA 15241

Phone: 412-831-8211
Fax: 412-831-8225

Turtle Creek Valley MH/MR

1800 West Street Rear
3rd Floor Suite
Homestead, PA 15120

Phone: 412-464-4781
Fax: 412-464-1531

Wesley Spectrum Services (East)

121 Erhardt Drive
Penn Hills, PA 15235

Phone: 412-573-0141
Fax: 412-573-0148

WPIC Intensive Wraparound Early Intensive Autism Services: (2-5 years of age)

Franklin Building
1011 Bingham Street, 4th Floor
Pittsburgh, PA 15203

Phone: 412-235-5300
Fax: 412-235-5387

SPHS Behavioral Health

301 East Donner Avenue
Suite 102
Monessen, PA 15062

Phone: 1-888-733-6906
Fax: 724-684-9196

Watson Institute

301 Camp Meeting Road
Sewickley, PA 15143

Phone: 412-749-2889
Fax: 412-741-0855

Wesley Spectrum Services (North)

5465 William Flynn Highway
3rd Floor
Gibsonia, PA 15044

Phone: 724-443-4888
Fax: 724-443-4889

WPIC Mathilda Theiss Therapeutic Nursery

373 Burrows Street
Pittsburgh, PA 15219

Phone: 412-383-1570
Fax: 412-682-4640

FAMILY FOCUSED SOLUTION BASED SERVICES

FFSBS – Family Focused Solution Based Services are in-home interventions structured to meet the Treatment/Support Services needs of both parent and child. FFSBS is designed for both children and adolescents with serious emotional disturbance(s), and adults with a mental health diagnosis.

FFSBS are delivered in the home and community by a team consisting of a master's level clinician and a bachelor's level family support specialist. FFSBS are designed to integrate mental health treatment, family support services, and service coordination, and are intended to reduce the need for out-of-home placements by enabling families to maintain their role as primary caregivers for their children and adolescents.

Every Child Inc.

Dennis Faló
6401 Penn Avenue, Suite 300
Pittsburgh, PA 15206
Phone: 412 665-0600
Fax: 412 665-0755

Family Resources

Yvette Staydyhar
Forbes Pride Building
1425 Forbes Avenue, Suite 500
Pittsburgh, PA 15219
Phone: 412 363-1702 Ext. 1175
Fax: 412 361-4801
E-Fax: 412 253-2880 (Intake)

Holy Family Institute

Ne'Cole Olson
211 N. Whitfield Street, Suite 780
Pittsburgh, PA 15206
Phone: 412 361-2570
Fax: 412 361-2599

Wesley Spectrum Services

Kim Henry
221 Penn Avenue
Pittsburgh, PA 15221
Phone: 412 342-2309
Fax: 412 247-6399

MULTISYSTEMIC THERAPY

MST – Multisystemic Therapy is a multi-faceted, short-term, home and community-based intervention for families of youth with severe psychosocial and behavioral problems. MST is an intensive family- and community-based treatment that targets delinquent, violent, or substance-abusing juvenile offenders, both male and female.

To be eligible for MST services, the adolescent (male or female) must:

- be 12 to 17 years of age
- be residing in a family setting with a caregiver, or returning home after any type of placement
- have a caregiver who is willing to participate
- have active Medical Assistance coverage
- be exhibiting chronic, violent, delinquent behavior and/or serious emotional problems.

If the family is receiving outpatient services, partial hospitalization or wraparound services, the mental health professionals working with the adolescent must agree to referral to MST.

MHY Family Services

Brocelyn Crowley
412 350-8935
(Formerly Mars Home for Youth)
(Allegheny County)
820 Evergreen Avenue
Pittsburgh, PA 15209
Supervisor: Laura Bingham
Phone: 412 408-3693
Fax: 724 775-0213

FAMILY BASED MENTAL HEALTH SERVICES

FBMHS – Family Based Mental Health Services are voluntary mental health services for children and teenagers (with serious emotional and/or behavioral disorders), as well as their families. FBMHS is for children who may need other out-of-home services if intense in-home services are not provided.

In addition to family therapy, FBMHS can provide around-the-clock crisis intervention to decrease the possibility of a child needing to leave home due to a crisis situation.

Allegheny Children’s Initiative, Inc.

Bobbi Redenbach
2304 Jane Street
Pittsburgh, PA 15203
Phone: 412 431-8006
Fax: 412 661-4116

Every Child Inc.

Dennis Faló
The Village of Eastside
6401 Penn Avenue
Pittsburgh, PA 15206
Phone: 412 665-0600
Fax: 412 665-0755

FamilyLinks

Mary Skubak
Lauren Huwalt
412 942-0460
250 Shady Avenue
Pittsburgh, PA 15206
Phone: 412 661-1800
Fax: 412 661-4116

Family Resources

Quincy Stephenson
Forbes Pride Building
1425 Forbes Avenue, Suite 500
Pittsburgh, PA 15219
Phone: 412 363-1702 x1165
Fax: 412 361-4801

Family Services of Western PA

Robert Ruggieri
414 Corbet Street
Tarentum, PA 15084
Phone: 724-230-2777 x723
Fax: 724-834-8395

Pressley Ridge

Janelle Spiller
Stayton Square
2611 Stayton Street
Pittsburgh, PA 15212
Phone: 412 442-2080
Fax: 412 231-5199

Wesley Spectrum Services

Kim Henry
412 342-2309
221 Penn Avenue
Wilkinsburg, PA 15221
Phone: 412 342-2300
Fax: 412 247-6399

Western Psychiatric Institute & Clinic

MH: Mary Beth Heinrichs 412 235-5310
Autism: Fortuna French 412 235-5435
Franklin Building
1011 Bingham Street
Pittsburgh, PA 15203
Phone: 412 235-5437 Fax: 412 235-5399

PARTIAL HOSPITAL PROGRAM

PHP – Partial Hospital Program provides mental health treatment delivered in a clinic or school setting, to assist a child in transitioning from inpatient treatment or for prevention of psychiatric hospitalization.

Family Services of Western PA

Christopher Mazrodis
(Ages 5-18) Highlands Middle School
Broadview Blvd.
Natrona Heights, PA 15065
724 226-0600

Kathleen Yaszebinski
310 Central City Plaza
New Kensington, PA 15068
724-335-9883 Ext. 5530

The Child/Adolescent Partial Hospital Program is a collaborative effort between Highlands School District and Family Services of Western Pennsylvania. It is a program of both education and therapy. The program is designed to offer intensive support to students with behavioral and mental health issues.

Mercy Behavioral Health

Terry Cavanaugh
(Ages 5-17) 1200 Reedsdale Street
Pittsburgh, PA 15233
412-320-2457

Mercy Partial Hospitalization works towards stabilizing a child's crisis by offering a day program designed for those who are leaving an inpatient setting or need more treatment than is available from outpatient services. The program separates children into elementary, middle school and high school groups.

The structure of each day includes:

- Three hours of instruction in a Pittsburgh Public School therapeutic classroom;
 - Two hours in a therapeutic group, one hour of milieu therapy.
-

Western Psychiatric Institute and Clinic

Ali Miziniak
(Ages 12-18) Franklin Building
1011 Bingham Street
Pittsburgh, PA 15203
412-235-5494

WPIC Partial Hospitalization treatment offers a supportive environment of highly structured time, four to five days per week, for up to 20 hours per week. The program provides individual, family, and group therapies, and medication management. ⇨

PARTIAL HOSPITAL PROGRAM (continued)

Lisa Chadwick
243 Johnston Road
Pittsburgh, PA 15241
412-347-3208

Wesley Spectrum (Ages 6-18)

Julie Provident
5250 Caste Drive
Pittsburgh, PA 15236
412-833-6444

The Wesley Spectrum Acute Partial Hospitalization Program provides the child with short-term crisis prevention and stabilization and referrals for special education placement or therapeutic help. The program is linked to a transitional school program so the child can keep up with coursework. By living at home during treatment, the child feels secure, and families stay together. Following treatment, the child moves onto a more specialized school setting, or returns to his/her community school better able to face issues and meet his/her goals.

Community Empowerment Association, Inc.

7120 Kelly Street, Pittsburgh, PA 15208

P: (412) 371-3689 / F: (412) 371-0792

www.ceapittsburgh.org

Youth & Adolescent Afterschool Partial (ages 5-18). Psychiatric evaluation, medication management. All participants in the Afterschool Partial Program are part of a structured, therapeutic classroom environment. They receive behavior management, social skill instruction, art/recreation and other expressive therapies. Services are delivered within a group setting, with individual and family therapy as needed.

SCHOOL BASED PARTIALS

Familylinks

Mia Tamburri

2644 Banksville Road

Pittsburgh, PA 15216

412-942-0609 / F: 412-343-4330

Pressley Ridge

Thomas Connelly

530 Marshall Ave.

Pittsburgh, PA 15214

412 872-9453

Fax: 412-321-5313

PACE

Amanda McCourt

2432 Greensburg Pike

Pittsburgh, PA 15221

412 244-1900

PLEA

Deborah Ferraro

733 South Ave.

Pittsburgh, PA 15221

412 243-3464

Fax: 412-243-5649

The Watson Institute

Friendship Academy

Mary Beth Boylan

255 S. Negley Ave.

Pittsburgh, PA 15206

412 365-3800

CHILD AND ADOLESCENT

DIVERSION AND ACUTE STABILIZATION PROGRAM

DAS – The Diversion and Acute Stabilization Unit is a temporary residential unit for children and adolescents which provide an alternative to inpatient hospitalization, can be used as a transition back into the community from inpatient, or as a step-down unit for RTF. Its primary focus is to reduce acute symptomatology, stabilize medication, avert inpatient hospitalization and divert from long term RTF. It is staffed 24 hours a day, 7 days a week.

Family Services of Western PA

Cathy Karrs
4782 Leechburg Road
New Kensington, PA 15068
Main Number: 724 212-7496
Fax: 724 594-0658

The Adolescent Diversion and Stabilization Unit at FAMILY SERVICES OF WESTERN PA can help the child manage symptoms and learn coping skills for daily problems by providing medication adjustments, individual assessments, a therapeutic classroom environment, individual and small group counseling, and therapeutic recreational activities. In addition, the unit's daily schedule includes a variety of educational group sessions aimed at stabilizing symptoms, promoting coping skills, and helping the child achieve recovery goals. The groups include, but are not limited to, anger management, problem solving and decision making, communication and social skills, self-esteem and self-awareness, coping skills, and drug and alcohol prevention (ages 14-17 years old).

MHY Family Services

(Formerly Mars Home for Youth)
Sherry Cochran
521 Route 228
Mars, PA 16046
Phone: 724 625-3141 x282
Fax: 724 625-2226

MHY FAMILY SERVICES provides basic psychiatric assessments and medication monitoring, intensive individual, group therapy, and educational support. Organized activities are prepared to assist the child with successful integration back into the community or into a more restrictive setting (ages 9-17 years old).

Mercy Behavioral Health

Peter Divito: 412 397-3416
1200 Reedsdale Street
Pittsburgh, PA 15233
Phone: 412 697-3418
Fax: 412 320-2398

MERCY BEHAVIORAL HEALTH provides children in the middle of an acute crisis to receive the care they need in a temporary residential environment. The primary goal of this program is to stabilize a psychiatric crisis for those between the ages of 8 and 14.

INPATIENT HOSPITALS

Southwood Psychiatric Hospital

2575 Boyce Plaza Road
Pittsburgh, PA 15241
412 257-2290

Acute Inpatient Service

Serving youth ages 4 - 18. Southwood currently has a 33 bed acute inpatient service utilized for crisis stabilization for children and adolescents. The program utilizes Cognitive Behavioral Therapy (CBT) as a treatment model with a strong focus on family involvement.

- Males and Females ages 4-18
- Serving youth from Ohio, West Virginia, Maryland and Pennsylvania
- Average length of stay is 5-7 days
- Southwood accepts almost all insurances and the uninsured
- 24-hour access to the intake and assessment department
- Child and Adolescent Board Certified Psychiatrists
- Easy access from anywhere in the region
- Family-focused treatment and planning
- Group, Individual and Family counseling
- CBT Treatment Approach
- Treating the majority of all Axis I Mental Health diagnosis
- Flexible visitation
- Comprehensive discharge planning

Western Psychiatric Institute and Clinic

3811 O'Hara Street
Pittsburgh, PA 15213
1-877-624-4100

Child and Adolescent Services

When childhood is troubled by behavioral health disorders, parents can rely on the help available at WPIC, which has more specialists in children's mental health than any other behavioral health provider in the nation. WPIC is well-known and highly regarded for its outpatient, inpatient, and community services and specialized programs.

PERMANENT SUPPORTIVE HOUSING FOR TRANSITIONAL AGE YOUTH (18-24)



PSH –

The requirement for the program is that the consumer must have a mental health diagnosis with the desire to live independently in the community.

This service provides help to the MH consumer to find an apartment, work out tenant concerns and help with Independent Living Skills training related to housing.

(TSI)

Transitional Services, Inc.

Renee Trotter
806 West Street
Homestead, PA 15120
412 461-1322

INDEPENDENCE AHEAD

Mobile Transition Aged Youth Program (MTAY)

Independence Ahead –

Assists transitioning young adults to develop close therapeutic relationships that are focused on wellness and recovery. The program helps them to learn to manage their mental health symptoms, build safe and strong relationships, and learn to problem solve and resolve conflicts in their schools/employment, communities and relationships. Population served is 18-25 year olds and it is a team delivered community based approach, consisting of a Therapist, Service Coordinator, Psychiatric Rehabilitation and Certified Peer Support.

Independence Ahead

Mobile Transition Aged Youth Program (MTAY)

Samer Kazour, Coordinator

Pressley Ridge

1450 Ingham Street

Pittsburgh, PA 15212

412 992-5643

