



# ALLEGHENY COUNTY

ALWAYS INSPIRING

## FOR IMMEDIATE RELEASE

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## Health Department Announces Two Additional *Live Well Allegheny* Partners

**PITTSBURGH** – The Allegheny County Health Department (ACHD) announced that the Township of Upper St. Clair has been designated as a *Live Well Allegheny Community* and Greater Valley Community Services has been designated as a *Live Well Allegheny Workplace*, adding two more partners to the county's *Live Well Allegheny* campaign.

“Over the past four years, we have seen substantial buy-in and investment by hundreds of partners into the idea of becoming a healthier county,” said County Executive Rich Fitzgerald. “We are grateful that so many people have come to the table to think about how to make recreational opportunities and other health-related offerings available in their community, workplace, school or restaurant. This initiative is only going to continue to grow and, together, we will create a healthier Allegheny County.”

Participants in the *Live Well Allegheny* campaign work with the Health Department's staff. While monetary resources are not part of the initiative, participants can receive materials, information and collateral items to promote the campaign and their individual efforts to live well.

“We are very encouraged to see more and more partners in our county join the *Live Well Allegheny* initiative, and we are excited to welcome the Township of Upper Saint Clair and Greater Valley Community services to the campaign,” said Health Department Director, Dr. Karen Hacker. “Now participating are 60 communities, 46 restaurants, 24 workplaces and 14 school districts that are making health a priority in Allegheny County. But there is room for all, and we encourage you to apply for the *Live Well* designation if you haven't already done so.”

### ***Live Well Allegheny Community***

The [Township of Upper St. Clair](#) will support the health of its residents by developing indoor and outdoor wellness trails, which will be accessible to residents of all abilities, and by supporting their local farmers markets. The township will also promote smoke-free buildings, perimeters, and parks, provide recreational opportunities for all ages, and encourage involvement with community volunteer activities.

“It's great to see that another municipality in my district has earned the *Live Well Allegheny* designation,” said Sue Means, the County Council Member representing District 5. “I commend the Township of Upper Saint Clair for putting together a plan to promote the health and well-being of its residents, and I look forward to seeing the results.”

### ***Live Well Allegheny Workplace***

[Greater Valley Community Services](#) will support stretching and physical activity breaks during work hours and meetings, locate safe and accessible outdoor walking or running paths and trails, and create employee athletic teams and activities. They have also resolved to provide healthy food options, promote tobacco cessation, and create an Employee Wellness Committee.

*Live Well Allegheny* was launched in January 2014 by County Executive Rich Fitzgerald as a comprehensive and innovative strategy on wellness that embraces a broad concept of living well to include physical health, mental wellness, personal and community safety, prevention and preparedness, and much more. The effort is being led by the Allegheny County Board of Health and Dr. Hacker.

Released in the past month, the [2018 Community Impact Report: Creating Health in Every Space](#) to learn how *Live Well Allegheny* works with its partners to create opportunities for health in every space – where Allegheny County residents live, learn, work, and eat.

For more information on the campaign, including details on how to become a participant, visit [www.LiveWellAllegheny.com](http://www.LiveWellAllegheny.com).

# # #

Karen Hacker, MD, MPH, Director

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