HOW TO SHOP AT A FARMERS MARKET:

 Arrive at the market when it first opens for the best selection.



- If you are using your EBT, P-EBT, credit or debit card, go to the Fresh Access tent first to buy tokens.
- When using cash, farmers appreciate small bills and change.
- 4. Ask farmers questions! They like to share recipes, cooking, and storage tips.
- 5. Don't ask farmers to change the price.
- 6. You can always ask for help at the Fresh Access tent.

QUESTIONS BEFORE YOU GO? CONTACT JUST HARVEST

phone: (412) 431-8960 x110 email: averylh@justharvest.org

FIND YOUR NEAREST FreshACCESS FARMERS MARKET

BALDWIN ALTERNATE SATURDAYS 10PM-2PM | Jun 11 - SEP 17 41 Macek (bus: Y49)

BELLEVUE WEDNESDAYS 3PM-**7**PM | Jun 1-0ct 26 Bayne Park: 34 N Balph (bus: 13,16)

BLOOMFIELD SATURDAYS 9AM-1PM | MAY 7-NOV 19 WINTER: 1st & 3rd SATURDAYS 11AM-2PM | DEC 4 - MAR 19 5050 Liberty (bus: 54, 64, 86, 87)

CARNEGIE SUNDAYS 12PM-3PM | JUL 10 - SEP 25 E. Main between Broadway & Mary (bus: G31)

CARRICK WEDNESDAYS 3:30PM-**6:30**PM | *Jun 1-0ct 26* Carrick Historic Dairy District Pavilion: 1529 Brownsville (bus: 51, 51L)

DOWNTOWN THURSDAYS 10PM-**2**PM | *May 12-0ct 27 Market Square:* Forbes & Market (multiple buses, T)

EAST END MONDAYS 3:30PM-**6:30**PM | Jun 6-0ct 24 Liberty Green Park: Larimer (bus: 74, 75, 89)

FOREST HILLS FRIDAYS 4PM-**7**PM | *MAY 20-0*α 28 4400 Greensburg Pike (bus: 69, P69, P76)

GREEN TREE THURSDAYS 4PM-**7**PM | *MAY 19-0ct 27 Green Tree Park lower parking lot*: 905 Greentree (bus: 38)

LAWRENCEVILLE TUESDAYS 3PM-**7**PM | May 12-Nov 22 Bay 41 Event Space: 115 41st (bus: 91, 93)

MONROEVILLE SATURDAYS 9PM-12PM | MAY 7-Nov 19 Monroeville Community Park: 2399 Tilbrook (no nearby bus)

NORTH SIDE FRIDAYS 3PM-**7**PM | *MAY 20- Nov 18 Allegheny Commmons Park*: E. Ohio & Cedar (bus: 1, 2, 4, 6, 7, 8, 11, 12, 15, 17, 54)

SQUIRREL HILL SUNDAYS 9PM-**1**PM | *May 15-Nov 20 Beacon & Bartlett parking lot*: behind Murray (bus: 61, 64, 65, 74)

SWISSVALE SATURDAYS 9PM-**1**PM | *Jun* 4-0ct 29 2032 Noble (bus: 59, 61B, 71, P71)

WILKINSBURG THURSDAYS 4PM-**6**PM | *Jun 16-0ct 13 Harold Young Sr. Parklet:* 739 Penn (bus: 67, 69, 71D, 79, 86, P12, P16, P67, P71, P78)

These dates and locations are subject to change. Please check our website at **justharvest.org/fresh-access** before you go.

FreshACCESS

USE YOUR FOOD STAMPS (SNAP EBT), CREDIT OR DEBIT CARD AT FRESH ACCESS FARMERS MARKETS.

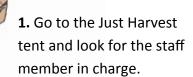




ACTION AGAINST HUNGER

317 East Carson Street | Suite 153 | Pgh. PA 15219 (412) 431-8960 | justharvest.org/fresh-access

HOW TO USE YOUR FOOD STAMP (EBT), P-EBT, CREDIT OR DEBIT CARD TO SHOP AT THE FARMERS MARKET:



2. Use your card to purchase as many \$0.50 or \$1 tokens as you like. These tokens will act as cash at the market.

3. Use your tokens at any farm stand that displays a sign stating "EBT/Credit/Debit Tokens"

For every \$5
you spend in food

Accepted Here!"

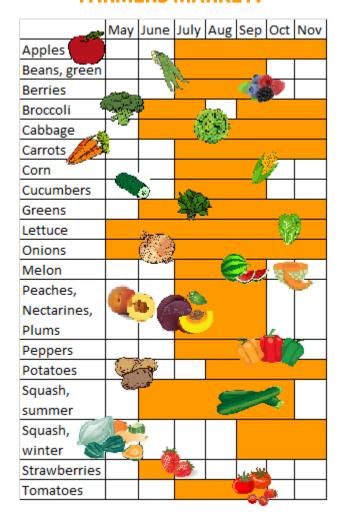
stamps get an extra \$2 to spend on fruits

& veggies!





WHAT'S IN SEASON AT THE FARMERS MARKET?



Fresh Access

is a program of **JUST HARVEST**

WHAT YOU CAN BUY WITH YOUR FOOD STAMP TOKENS:

- Fruits and vegetables
- Bread
- Meat, fish, poultry
- Dairy products
- Maple and honey products
- Seeds and plants that produce food
- Baked goods that are wrapped and intended for home consumption
- Jams, pickles, sauces and other prepared foods

WHAT TO DO WITH LEFTOVER TOKENS:



- You can keep tokens and use them next time you shop at any Fresh Access market. They are good all season!
- Unused tokens can also be returned at the Fresh Access tent and refunded onto your SNAP EBT card.