



Allegheny County Diabetes Self-Management Education Program Guide

Diabetes is not a “one size fits all” disease. It can be a complex condition that requires daily choices about food, activity, medications, and blood sugar checks. A person with diabetes can work together with their medical provider, pharmacist, and diabetes educator to successfully manage diabetes.

Medicare as well as many other health insurance plans can cover diabetes education. Registered dietitians and nurses provide guidance and teach self-care skill-building in Diabetes Self-Management Education programs.

To learn what insurance covers call the member benefit number on the back of the health insurance card and ask about coverage for diabetes education services and what co-pays, if any, are required. Additionally, when visiting a health provider about diabetes, ask for a referral for diabetes education. This referral or prescription may be needed to join the program and for coverage by health insurance.



Link to
[Interactive](#)
[Map](#)

Name and Link of Program	Location	Contact
<u>AHN The Center for Diabetes and Endocrine Health Federal North</u>	1307 Federal Street, Suite B200 Pittsburgh, PA 15212	<u>724-941-7490</u>
<u>AHN The Center for Diabetes and Endocrine Health Liberty</u>	4815 Liberty Avenue, Suite 215 Pittsburgh, PA 15224	<u>724-941-7490</u>
<u>AHN The Center for Diabetes and Endocrine Health McCandless</u>	4815 Liberty Avenue, Suite 215 Pittsburgh, PA 15224	<u>724-941-7490</u>
<u>AHN Center for Diabetes Forbes</u>	2566 Haymaker Road, POB 1 Monroeville, PA 15146	<u>412-858-4474</u>

<u>AHN The Center for Diabetes and Endocrine Health Jefferson</u>	575 Coal Valley Rd, Suite 365 Jefferson Hills, PA 15025	724-941-7490
<u>AHN Premier Medical Associates Diabetes Education Services</u>	3824 Northern Pike, Suite 200 Monroeville, PA 15146	412-380-2800
<u>Heritage Valley Sewickley Diabetes Self-Management Education Program</u>	720 Blackburn Road Sewickley, PA 15143	866-328-8389 Option #4
<u>Heritage Valley Kennedy Diabetes Self-Management Education Program</u>	25 Heckel Road McKees Rocks, PA 15136	866-328-8389 Option #4
<u>St. Clair Hospital Diabetes Center</u>	1000 Bower Hill Road Pittsburgh, PA 15243	412-942-2151
<u>St. Clair Hospital Diabetes Center at Bethel Park Village Square Outpatient Center</u>	2000 Oxford Drive, Suite 430 Bethel Park, PA 15102	412-942-2151
<u>UPMC Endocrinology and Diabetes Center Monroeville</u>	400 Oxford Drive Monroeville, PA 15146	412-586-9700
<u>UPMC Falk Center for Diabetes and Endocrinology</u>	3601 Fifth Avenue, Suite 3A Pittsburgh, PA 15213	412-586-9700
<u>UPMC Center for Diabetes and Endocrinology McKeesport</u>	500 Hospital Way McKeesport, PA 15132	412-672-5766
<u>UPMC Mercy Health Center</u>	1515 Locust Street Pittsburgh, PA 15219	412-232-7800

<u>UPMC Center for Diabetes and Endocrinology Mercy</u>	1400 Locust Street, Suite 5120 Pittsburgh, PA 15219	412-232-9150
<u>UPMC Passavant- McCandless</u>	9100 Babcock Boulevard, Support Services Building Pittsburgh, PA 15237	412-748-6398
<u>UPMC Shadyside - Shea Medical Center</u>	5200 Centre Avenue Pittsburgh, PA 15232	412-623-2458
<u>UPMC St. Margaret Bloomfield-Garfield Family Health Center</u>	5475 Penn Avenue Pittsburgh, PA 15206	412-361-7562
<u>UPMC St. Margaret Lawrenceville Family Health Center</u>	3937 Butler St Pittsburgh, PA 15201	412-622-7343
<u>UPMC Center for Diabetes and Endocrinology (Osteoporosis Center)</u>	1 Buffalo Street Pittsburgh, PA 15213	412-692-2472
<u>UPMC Center for Diabetes and Endocrinology West Mifflin</u>	1907 Lebanon Church Road West Mifflin, PA 15122	412-232-9150