



Acute Flaccid Myelitis Awareness

Acute Flaccid Myelitis (AFM) is an uncommon but serious polio-like condition seen in children. If symptoms develop, seek medical care immediately.

Symptoms of AFM in Children

The Most Common Symptom of AFM



Sudden arm or leg weakness

Some People May Experience



Pain in the arms or legs



Difficulty moving the eyes or drooping eyelids



Pain in the neck or back



Facial droop



Difficulty swallowing or slurred speech

Seek medical care right away if your child has any of these symptoms.

Diagnosis

A doctor can diagnose AFM through examination and testing of the nervous system.

Treatment

While there is no treatment for AFM, a doctor may be able to provide options to help in some situations.

Prevention

While AFM can be caused by virus infections, It is unknown what triggers AFM, but some general measures that can help prevent all viruses include:

- Washing hands
- Avoiding touching face with unwashed hands
- Avoiding people who are sick
- Cleaning common surfaces
- Keeping sick children home



For more information, please visit:
www.cdc.gov/acute-flaccid-myelitis