

Ways to Sign Up



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Home visits may focus on...

- Family Health and Well-being
- Infant/Child Development & Care
- Infant/Child Health and Safety
- Parenting tips and support
- Family Goal Setting and Planning
- Resource Connections

... based on **Your** Desires or Needs

Want more information,
call us at 412-247-7950

Office of Family and Child Health

807 Wallace Avenue
4th floor
Wilkesburg, PA 15221

www.alleghenycounty.us/familychildhealth



Family Child Health



Family Child Health

Family Brochure



Supporting Pregnant & Parenting
Families since 1965



Services We Offer

Home Visiting

Our nurses provide home visits for pregnant and postpartum families, providing them with education, health assessments, and resources and to help children and families grow strong.

Fatherhood Engagement

Our Fatherhood Engagement Specialists are trained to help dads meet their goals and help them grow through their fatherhood journey, while providing a positive outlet.

Lactation Support

Certified Lactation Counselors and an IBCLC are available to help clients get lactation started, answer questions, and provide support to resolve problems.

Breastfeeding Helpline: (412) 687-2243

Smoking Cessation

Individual and group tobacco cessation counseling delivered by our Certified Tobacco Treatment Specialists.

Postpartum Kits

Period products, bib, pregnancy test, digital thermometer, condoms, journal, breast pads, and tips for postpartum care.

Promoting the Health of the Whole Family!

Our nurses meet with our families regularly **in person** or **virtually**

FREE for residents of Allegheny County



If you live in Allegheny County and you are:

(you only need to meet ONE of the three)

- Pregnant or a Parent Expecting a Child
- Postpartum or Someone caring for a child under the age of 2
- Caring for a child with special healthcare needs

You are eligible!

Income does not affect your eligibility

Benefits

Home Visiting can:

- Reduce your baby's risk being born with a low-birth weight
- Improve your birth outcomes
- Your children are more likely to be better prepared for school
- Provide support and supplies to:
 - Meet your parenting goals
 - Maintain a safe home environment for your child
 - Promote your child's development with age-appropriate books and activities
 - Maintain your health and well being

We serve families of diverse backgrounds, which is why we provide home visiting and support services to best meet **YOUR** family's goals.



Based on your needs & desires, we have different home visiting programs to help you achieve your goals

