



A Guide to Health and Wellness Resources in Allegheny County

Allegheny County Health Department



COVID-19 Vaccine and Testing Resources

COVID-19 Vaccination Information

[COVID-19 ACHD Resources](#)

[COVID-19 Vaccination Provider map](#)

COVID-19 Testing Information

[COVID-19 Testing Site locator](#)

[Allegheny Alerts](#)

Get notifications about important community news by signing up for our Community Notification System. This system enables us to provide you with timely information that is important to you.

You will receive time-sensitive messages wherever you specify, such as your home, mobile, or business phones, email address, text messages and more.

You pick where, you pick how.

You can also download the Mobile Member Application to receive alerts directly to your Android or Apple Device. Please visit the [Google Play](#) or [iTunes](#) app stores to download and search Allegheny County to find us.

If you have forgotten your username you can find that [HERE](#). To reset your password you can do that [HERE](#). If you have any further questions, please contact servicedesk@alleghenycounty.us.

Federally Qualified Health Centers or Sliding Fee Clinics

Services are provided for individuals who are without health insurance or for those who have very high annual deductibles, services may be provided at a lower cost using a sliding scale based on income and household size.

Central & Eastern Neighborhoods

Primary Care Health Services

East End Family Health Center

McKeesport Family Health Center

745 N Negley Ave,
Pittsburgh, PA 15206
412-404-4000

627 Lysle Boulevard,
McKeesport, PA 15132
412-664-4112

Alma Illery Medical Center

Hazelwood Family Health Center

Wilkinsburg Family Health Center

7227 Hamilton Ave,
Pittsburgh, PA 15208
412-244-4700

4918 Second Ave,
Pittsburgh, PA 15207
412-422-9520

807 Wallace Ave., Suite 203
Wilkinsburg, PA 15221
412-247-5216

Braddock Family Health Center

Hill House Health Center

Steel Valley Family Health Center

404 Braddock Ave,
Braddock, PA 15104
412-351-6300

1835 Centre Ave,
Pittsburgh, PA 15219
412-261-0937

1800 West Street, Suite 110
Homestead, PA 15120
412-461-3863

Community Health Center of Clairton

559 Miller Avenue
Clairton, PA 15025
412-226-5454

East Liberty Family Health Center

East Liberty Office
6023 Harvard St.,
First Floor,
Pittsburgh, PA 15206
412-661-2802

East Liberty Family Health Center – Pediatric

East Liberty Office
6023 Harvard St.,
Second Floor,
Pittsburgh, PA 15206
412-661-2802

Lincoln-Lemington Office

7157 Mary Peck Bond
Place
Pittsburgh, PA 15206
412-661-2802

Squirrel Hill Health Center

Squirrel Hill Office
4516 Browns Hill Road,
Pittsburgh, PA 15217
412-422-7442

Metro Community Health Center

1789 S. Braddock Ave. # 410,
Pittsburgh, PA 15218
412-247- 2310

Women's Health

Midwife Center for Birth and Women's Health of Pittsburgh

2825 Penn Ave.

Pittsburgh, PA 15222

412-321-6880

With Women/Con Mujeres

2825 Penn Ave.

Pittsburgh, PA 15222

412-321-6880

Early Detection Breast and Cervical Cancer Screening Services

Breast and Cervical Cancer Early Detection Program (BCCEDP)

1-800-215-7494

This program is powered by CDC Screen Out
Cancer program

Mammogram Voucher Program (MVP)

1-888-687-0505

Free mammograms and breast diagnostic
services for PA residents who are income
eligible between 250-300% of Federal Poverty
Guidelines may be eligible for free services.

Breast and Cervical Cancer Prevention and Treatment Program (BCCPT)

1-800-215-7494

English application

Spanish application

Feminine Hygiene Product Supports

Period Poverty Advocacy Project

Hugh Lane Foundation LGBTQ+

127 Anderson Street, Suite 101

Pittsburgh, PA 15212

412-973-5053

Sex Workers Outreach Project

412-509-8526

Maternal and Infant Health
[Allegheny County Health Department](#)
[Family and Child Health Services](#)

The mission of Family and Child Health Services is to improve the quality of life and health of mothers/birthing persons, infants, children, and families in Allegheny County. Efforts are focused on meeting the unique needs of each family regardless of circumstances.

View the Family and Child Health flyer [here](#).

Home Visiting Services

As part of the Home Visiting Program, our nurses meet with you in the comfort of your own home, or in another location where you will feel at ease such as a library or restaurant. The goal is to help support you and your parenting goals. Home visiting is associated with positive outcomes for both children and families.

Family and Child Health is a collaborative partner with **Hello Baby**, an initiative to ensure all parents and caregivers have quick access to the information and resources they need to care for the youngest people in their lives. Visit the [Hello Baby website](#) to learn more or call the United Way PA's 2-1-1 Southwest warm line.

To find out if home visiting services are right for you, **please call Allegheny Link at [1-866-730-2368](#) or [visit their webpage](#).**

Nurse-Family Partnership

The [Nurse-Family Partnership](#) offers support services to women expecting their first child. Nurses provide home visits during pregnancy and offer follow-up care after birth for moms and their children up to 24 months of age. To qualify, you must live in Allegheny County and meet the income guidelines.

The Nurse-Family Partnership is hiring nurses to join their team. [Click here](#) to learn more about upcoming hiring events and how apply.

Healthy Families Allegheny
[412-247-7950](#)

Healthy Families Allegheny (a [Healthy Families America](#) program) provides expecting parents and parents of newborns with free in-home child development support. You can get these services for free until your baby is 36 months of age.

For more information, please see [Healthy Families Allegheny](#) or call [412-247-7950](#).

Breastfeeding Helpline

[412-687-2243](tel:412-687-2243)

Monday-Friday from 8:30 AM to 4:30 PM

All calls are referred to registered nurses, certified lactation counselors, and an internationally board-certified lactation consultant. Our team is here to help you get started, answer questions and problem solve.

Our team works with pregnant and breastfeeding mothers to educate them about the benefits of breastfeeding. They can also help them start and continue breastfeeding. This program is designed to help increase the number of mothers who breastfeed their infants in Allegheny County.

We C.A.R.E

We offer three types of [Title V](#) support services, which are now branded into our *We C.A.R.E.* program:

Maternal and Child Health: Our nurses provide home visits during pregnancy and after birth to make sure families get the medical services they need and offer information to improve their health.

Children with Special Health Care Needs: Our nurses offer medical service assistance, home visits, and case management to families with children who have special health care needs.

Liaison Nursing: Our nurses give information and educational materials about maternal and child health to doctors, hospitals, school nurses, and community organizations.

Cribs for Kids

The Allegheny County Health Department is proud to be a Cribs for Kids partner. For more information about safely putting your baby to sleep, please visit the [Cribs for Kids Sleep Safe Academy](#).

Smoking Cessation

Smoking cessation support is available to pregnant women. Led by a Certified Tobacco Treatment Specialist, individual and group counseling is available. Additional classes may be available for men and women throughout the year. For more information and to sign up, please contact the [Office of Family and Child Health](#).

Father/Partner Engagement Program

The father/partner engagement program is designed to provide a positive outlet for fathers. Our Father/Partner Engagement Specialists are trained to help new parents meet their goals and help them grow through their parenting journey. Services include:

- 24/7 Dad Group Sessions
- Home Visiting
- Coaching Calls
- Referrals to other services - (see "[15 Topics. 15 Minutes Each. Become the Best Dad You Can Be](#)")

For more information, contact [Kyle Craig](#).

Allegheny County Health Department Women, Infants, and Children Program

The Women, Infants, and Children (WIC) program offers a variety of health and nutrition services for medically or nutritionally at-risk mothers and children including:

- Individualized nutrition education
- Supplemental nutritious foods and infant formula
- Breastfeeding support
- Referrals to health care and community services
- Immunization screenings
- New eWIC EBT cards can be used at participating grocery stores for infant formula, milk, eggs, cheese, cereal, juices and other nutritious foods.

Infant Formula Shortage Resources

Appropriate nutrition is important for babies. See [WIC Baby Formula Shortage Infographic](#) for information and helpful links.

Who can get WIC?

- Pregnant women
- Breastfeeding women or bottle-feeding women who recently had a baby
- Infants up to 1 year of age
- Children up to 5 years of age
- A custodial father, foster parent, or legal guardian of a child up to age 5 may apply to receive WIC benefits for that child

Please note, USA citizenship is not required to get WIC.

How do I qualify for WIC?

You and/or your child need to:

- Meet medical or nutritional risk criteria
- Meet income guidelines

If you or your child is on Medical Assistance, Food Stamps, or TANF, you automatically meet the WIC income guidelines. Many working families qualify for WIC. Please visit our [WIC Enrollment Information page](#) for more information about enrollment.

Funding is provided by the United States Department of Agriculture. WIC is administered by the Department of Health at the State level, and the Allegheny County Health Department at the local level. In accordance with Federal law and U.S. Department of Agriculture policy, WIC is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability: [USDA/WIC Nondiscrimination Statement](#).

WIC Enrollment Information

There are four ways to get started with WIC:

- Visit the [PA WIC website](#) and complete an online pre-application
- Print out a paper application (see "WIC Applications" below) and take it to your health care provider
- Call [412-350-5801](tel:412-350-5801) to request an application through the mail
- Stop by one of our WIC Clinics to pick up a paper application

Once you submit your application, our staff will review it to determine if you qualify for the program. If eligible, we'll contact you and set an appointment for you to come into one of our offices to get enrolled.

Currently, WIC serves 16,000 participants in Allegheny County, but we have funding to serve more applicants. We encourage anyone who is potentially eligible to enroll in WIC. Don't delay, apply today!

If you live outside of Allegheny County, please call [1-800-WIC-WINS](tel:1-800-WIC-WINS) to get more information about WIC in your area.

[WIC Shopper](#) – this is super cool new app that PA residents can download. They can get their WIC balances and scan products to make sure that they are WIC eligible. Not all stores identify WIC eligible products accept via the ginormous poster that stores often hang at the entrance, which really isn't helpful when you are knee deep in the store with a little one and you are trying to grocery shop. Residents can just scan the product, and the app will let them know if that product is eligible. Saves the resident frustration and embarrassment when they check out.

[WIC Checklist for Appointments](#)

[PA WIC Program Website](#)

[PA WIC Vendors \(arcgis.com\)](#) - a complete list of PA stores that accept WIC benefits

Women's Health Support

[Masters of Maternity](#)

Services include:

- Increased access to doula support
- Support throughout pregnancy, childbirth, and postpartum
- Encouraged emotional health
- Creating a birth plan
- Safe transactions

- Breastfeeding support
- Childbirth education
- Empowerment through Patient Advocacy
- Ability to create a MOM portal/profile

Infant and Toddler Support Resources

[Emergency Baby Supplies – Allegheny County
DHS list of helpful resources](#)

[Western Pennsylvania Diaper Bank](#)

Please click on link to see a map of providers in
your area.

[The Genesis Center of Allegheny County](#)

Urban League of Greater Pittsburgh
Food for Early Development

[141 N. Freemont Avenue
Bellevue, PA 15202](#)

[332 5th Avenue
4th Floor
Pittsburgh, PA 15222](#)

[412-766-4934](#)

[412-227-4802](#)

Walk in and call ahead services available
between 9:00 AM – 3:30 PM
Monday through Friday

Walk in and call ahead services available
between 10 AM-3PM
Monday through Friday

They offer free pregnancy testing, maternity and
infant clothing, distribution of baby equipment
and essentials including diapers and formula.

Please bring ID, a paystub or proof that individual
is receiving government assistance (medical
assistance, SSI, SSDI, etc), and all children’s social
security cards if seeking food resources

In addition, this location also offers the [Genesis
Learning Center](#)

[Jeremiah’s Place](#)

[6435 Frankstown Avenue
Pittsburgh, PA 15206](#)

[412-924-0726](#)

OPEN 24 hours a day, 7 days a week (including holidays)

Emergency Child Care services for children aged 0 to 6 years old “for a few hours or days based on the
needs of each individual family”, (Jeremiah’s Place, 2021)

LGBTQ+ Health and Wellness

[Allegheny County LGBTQ Resource Guide](#)

Allies for Health + Wellbeing

[5913 Penn Avenue](#)
[Pittsburgh, PA 15206](#)
[412-345-7456](#)

Persad Center

[5301 Butler Street](#)
[Suite 100](#)
[Pittsburgh, PA 15201](#)
[412-441-9786](#)

Transbuddy Pittsburgh

transbuddypgh@gmail.com
[412-944-4261](#)

AHN Transgender Health

[412-359-4649](#)

Central Outreach and Wellness Center

[127 Anderson Street, Suite 101](#)
[Timber Court Building,](#)
[Pittsburgh, PA 15212](#)
[412-332-4151](#)

SisTers PGH

[2014 Monongahela Avenue](#)
[Swissvale, PA 15218](#)
[412-297-0548](#)

BroThers PGH

[2014 Monongahela Avenue](#)
[Swissvale, PA 15218](#)
[412-297-0548](#)

[ACHD Immunization Clinic](#)

To schedule an appointment, please call [412-578-8062](tel:412-578-8062)

[Hartley-Rose Building](#)

[425 First Ave., 4th Fl.](#)

[Pittsburgh PA 15219](#)

(entrance is on Cherry Way)

NOTICE: To make an appointment, please call [412-578-8062](tel:412-578-8062). Appointments are preferred and are given priority. Walk-ins are accepted. Bring a form of ID and any general vaccine records/COVID-19 vaccination record/CDC card to help the staff best serve you.

Monday: 9:00 am - 4:00 pm

Tuesday: 9:00 am - 4:00 pm

Wednesday: 9:00 am - 4:00 pm

Thursday: 9:00 am - 7:00 pm

Friday: 9:00 am - 4:00 pm

Last scheduled appointment time for Monday, Tuesday, Wednesday, and Friday is 3:30 pm.

Last scheduled appointment time for Thursday is 6:30pm.

Adult Immunizations

Provides a wide range of adult vaccinations, including but not limited to the COVID-19, Influenza, and Pneumococcal vaccines. Please call the number above to schedule an appointment

Childhood Immunizations

Federally funded and administered free of charge to eligible children. Additionally, Compliance with Allegheny County and Pennsylvania School Immunization Laws is assured through regular audits of school health records. See [CDC's recommended Immunization Schedules](#).

Travel Immunizations

Arranged for persons of all ages, as determined after appropriate travel advice meeting.

Screening Tests:

Blood testing to determine antibody levels for diseases

Immunization Clinic Payment Options

Vaccination fees may be paid by cash, Visa, Mastercard, or Discover. We do NOT accept American Express. A fee will be charged for credit or debit card use. Prices for services are subject to change. **Effective 6/13/2019, the health department no longer accepts personal checks.**

We are now able to accept most insurance coverage; please see the [Accepted Insurance List](#) to make sure your insurer is included. We are not able to accept health savings account or flexible spending account funds.

[Vaccine Fee Schedule](#)

[Accepted Insurance List](#)

Note: If you intend to pay for services in cash or money order, please pay only the exact amount due. Change is not provided. Also, if using a debit/credit card an additional bank fee is charged.

[ACHD Pulmonary Center \(Tuberculosis Clinic\)](#)

To schedule an appointment, please call [412-578-8062](tel:412-578-8062)

[Hartley-Rose Building](#)

[425 First Ave., 4th Fl.](#)

[Pittsburgh PA 15219](#)

(entrance is on Cherry Way)

The Tuberculosis Clinic is open and providing TB skin tests. Appointments for testing are preferred, but walk-ins are also welcome. Please call the clinic at [412-578-7915](tel:412-578-7915) or [412-578-8162](tel:412-578-8162) to schedule your appointment.

Hours of Operation

We provide routine tuberculosis screenings. These screenings are often needed as a condition for employment or entry to school.

Routine tuberculosis screenings are offered on the following days:

Monday: 9:00 am - 3:30 pm

Tuesday: 9:00 am - 3:30 pm

Friday: 9:00 am - 3:30 pm

Screenings are available by appointment, but walk-ins are accepted. Please call [412-578-7915](tel:412-578-7915) or [412-578-8162](tel:412-578-8162) to schedule an appointment. The Pulmonary Center does not offer Quantiferon (QFT or IGRA) screening; this is a specific blood test to detect antibodies to Tuberculosis. To obtain this test we suggest that you contact your PCP.

Payment Information

The fee is \$25 for one-step testing and \$35 for two-step testing.

NOTE: ACHD only accepts payment for services in the form of money order, or cash (exact amount). The program does not accept payment by credit and debit card. We apologize for any inconvenience this may cause. ***The health department no longer accepts personal checks.***

For more information, call the TB clinic at [412-578-8162](tel:412-578-8162) or [412-578-8085](tel:412-578-8085).

Other Pulmonary Center Services

For patients who test positive for TB, our public health nurses provide contact follow-up services to identify and reach out to close contacts who might have been exposed.

They also offer home visits for patient evaluations and can provide medication as indicated.

We can also provide medication to patients of private physicians with a valid prescription. Our clinic also maintains databases of tuberculosis disease incidence and prevalence across Allegheny County, as well as providing educational programs and materials to health care professionals and the general public.

If you are interested in having a member of our staff conduct an educational program about TB, please call the clinic at [412-578-8162](tel:412-578-8162) or [412-578-8085](tel:412-578-8085).

Additional TB Information

[TB: What You Should Know](#)

[Referral to ACHD Pulmonary Center Form](#)

[Medline Plus: Tuberculosis](#) (US National Library of Medicine)

[NIH Tuberculosis Topic page](#) (US National Institute of Allergy and Infectious Disease)

Survivor Support Services

[Women's Center and Shelter of Pittsburgh](#)

24-hour Confidential Helpline – **[412-687-8005](#)**

Text Support (9 AM – 9 PM) – **[412-744-8445](#)**

[Pittsburgh Action Against Rape \(PAAR\)](#)

24-hour Confidential Helpline – **[1-866-363-7273](#)**

Pittsburgh Office

[81 South 19th Street](#)

[Pittsburgh, PA 15203](#)

Office – **[412-431-5665](#)**

Free Adult Clinics

Most of these clinics are staffed with volunteers. Services are provided at no cost for those who are completely uninsured. Some are walk-in only, while others require appointments. For the walk-in clinics, be sure to come early to register.

Birmingham Free Clinic–The Program for Health Care to the Underserved Populations

<https://birminghamfreeclinic.wixsite.com/home>

[44 South 9th St](#)

[Pittsburgh, PA 15203](#)

[412-481-7900](#) ext. 281

- **Patients must be 18 or over and are advised to come as early as 45 minutes to 1 hour prior to registration times of the Walk-in clinic.**
- **Hours:** Monday 5 p.m., Wednesday 1 p.m., Saturday 9 a.m.
- Services provided are solely for individuals who do not have any health insurance. Residents with insurance, including Medical Assistance, will be referred to another community health provider or evaluated on a case-by-case basis for services.
- Appointments are not required for the clinics walk-in hours. Please be aware that staff have the right to limit the number of patients accepted at any time. Returning patients are able to schedule follow up visits.
- Clients may not park in the Salvation Army Thrift Store parking lot. Clinic entrance is in the back of the Salvation Army Building, off Cabot Way. Patients are seen on a first come first serve basis.

[Braddock Free Clinic](#)

[415 6th Street](#)

[Braddock, PA 15104](#)

[412-723-2086](#)

Saturday – 9:30 am to 2 pm
(last patient seen at 1:30 pm)

Walk-in clinic only for people without any form of insurance. Clients must be 18 or older. Care is provided by medical volunteers.

[Catholic Charities Free Health Care Center](#)

[212 Ninth Street, floor 2 and 3](#)

[Pittsburgh, PA 15222](#)

[412-456-6911](#)

This is not a walk-in clinic. Please call first to discuss eligibility and to make an appointment. Services are limited to uninsured and under-insured individuals 19 years-old and older.

[Focus + Pittsburgh Free Clinic](#)

[2038 Bedford Ave](#)

[Pittsburgh, PA 15219](#)

[412-261-1234](#)

This is not a walk-in clinic. Adults only. Volunteers operate this free clinic, which is for people who are uninsured, do not qualify for Medicaid, and household income does not exceed 200% of the poverty level, based on Federal Poverty Guidelines. Appointments are necessary for medical services.

[McKeesport 9th Street Clinic](#)

**The Common Ground
Building**

[410 Ninth Ave.](#)

[McKeesport, PA 15132](#)

[412-664-4304](#)

Thursdays 1 p.m. – 7 p.m.

Walk-in clinic. Patients with insurance may be referred to community health centers if necessary. Information about income may be requested to determine eligibility for certain assistance programs.

[Sheep, Inc. Health Care Center](#)

The Fold – Assembly of God

[11817 Frankstown Road](#)

[Penn Hills, PA 15235](#)

[412-310-0062](#)

Every Thursday / 5:45pm – 8:30pm

- Now available: Weekday/day-time appointments (call to schedule)

Every 2, 3, and 4 Saturday / 9:30am – 12:00pm

Email: contact@sheepinclinic.org

Dental Clinics

The clinics listed below have dental services at lower cost. Please call to make an appointment. Walk-ins are not generally accepted. Be aware that some clinics below may have waiting lists.

Allegheny County Health Department Pediatric Dental Services – free of charge to all Allegheny County children **0-20 years of age** who cannot afford private dental care. Medical assistance is accepted. Services provided include cleaning of teeth, screening evaluations, fluoride treatments, x-rays, oral hygiene instruction, exams, fillings, sealants, extractions, and space maintainers.

**Hill House Dental Services –
Primary Care Health Services**

1835 Centre Avenue
Pittsburgh, PA 15219

412-697-4698

**Mount Oliver - UPMC South
Pittsburgh**

1630 Arlington Avenue
Pittsburgh, PA 15210

412-432-1620

**McKeesport – Wander
Building**

339 Fifth Avenue
McKeesport, PA 15132

412-664-8858

**Alma Illery Medical Center
Dental- Primary Care Health
Services, Inc.**

7227 Hamilton Avenue
Pittsburgh, PA 15208

412-244-4700

**Catholic Charities Free
Health Center – Dental
Services**

212 Ninth Street, Suite 301
Pittsburgh, PA 15222

412-456-6911

**Hosanna House Office
East Liberty Family Health
Care Center -Dental Clinic**

807 Wallace Ave. Suite 201
Wilkinsburg, PA 15221

412-345-0400

**Community Dental Center of
West Mifflin**

500 N. Lewis Run Road #128
West Mifflin, PA 15122

412-228-3366

**Lincoln-Lemington Office of
the East Liberty Family
Health Care Center – Dental**

7171 Churchland Street
Pittsburgh, PA 15206

412-345-0400

**McKeesport Family Health
Center Dental - Primary Care
Health Services**

627 Lyle Blvd.
McKeesport, PA 15132

412-664-4112

**North Side Christian Health
Center Dental**

816 Middle St.
Pittsburgh, PA 15212

412-321-4001

**Sto-Rox Family Health
Center Dental Services**

710 Thompson Avenue
McKees Rocks, PA 15136

412-771-6460

**West End - Manchester
Family Dental Center**

441 S. Main St.
Pittsburgh, PA 15233

412-922-5636

Wilkinsburg Dental Office

807 Wallace Avenue
Wilkinsburg, PA 15221

412-661-2802

University of Pittsburgh School of Dental Medicine Student Dental Clinic

3501 Terrace Street, Salk Hall
Pittsburgh, PA 15261

412-648-8616

Food Assistance Resources

Commodity Supplemental Food Program (CSFP)

Greater Pittsburgh Community Food Bank
[412-460-3663](tel:412-460-3663) ext.720
pittsburghfoodbank.org/csfp

Drive Up Distributions

[412-460-3663](tel:412-460-3663) ext.655
pittsburghfoodbank.org/gethelp

412 Food Rescue

[6140 Station St.](http://6140stationst.com)
[Pittsburgh, PA 15206](http://PittsburghPA15206.com)
General Inquiries: [412-407-5287](tel:412-407-5287)
412foodrescue.org

Greater Pittsburgh Community Food Bank

[412-460-3663](tel:412-460-3663)
pittsburghfoodbank.org

Home Delivered Meals Program

Allegheny County Area Agency on Aging
Alleghenycounty.us/Older-Adults/
[412-350-5460](tel:412-350-5460)

Hunger Services

Urban League of Greater Pittsburgh
[332 Fifth Ave.](http://332FifthAve.com)
[Pittsburgh, PA 15222](http://PittsburghPA15222.com)

Food Assistance Hotline: [412-325-0749](tel:412-325-0749)

Ulpgh.org

JFCS Squirrel Hill Food Pantry

[828 Hazelwood Ave.](http://828HazelwoodAve.com)
[Pittsburgh, PA 15217](http://PittsburghPA15217.com)
[412-421-2708](tel:412-421-2708)
Jfcsppgh.org/services/squirrel-hill-food-pantry

Jubilee Soup Kitchen

[2005 Wyandotte St.](http://2005WyandotteSt.com)
[Pittsburgh, PA 15219](http://PittsburghPA15219.com)
[412-261-5417](tel:412-261-5417)
jubileesoupkitchen.org

Light of Life Rescue Mission

[234 Voegtly St.](http://234VoegtlySt.com)
[Pittsburgh, PA 15212](http://PittsburghPA15212.com)
[412-258-6100](tel:412-258-6100)
lightoflife.org

Rainbow Kitchen Community Services

[135 E. Ninth Ave.](http://135ENinthAve.com)
[Homestead, PA 15120](http://HomesteadPA15120.com)
[412-464-1892](tel:412-464-1892)
rainbowkitchen.org

Senior Community Center Meals

Allegheny County Department of Human Services
Area Agency on Aging
Birmingham Towers
[2100 Wharton St., Second Floor](http://2100WhartonSt.com)
[Pittsburgh, PA 15203](http://PittsburghPA15203.com)
SeniorLine [412-350-5460](tel:412-350-5460)
alleghenycounty.us/older-adults

**Senior Farmers Market Nutrition Program
(SFMNP)**

Allegheny County Department of Human
Services

Area Agency on Aging

Birmingham Towers

[2100 Wharton St., Second Floor](#)

[Pittsburgh, PA 15203](#)

SeniorLine [412-350-5460](tel:412-350-5460)

Alleghenycounty.us/Older-Adults

SNAP Application Assistance

[412-460-3663](tel:412-460-3663) ext. 655

pittsburghfoodbank.org

Veteran Resources

United States Department of Veterans

Affairs

[800-827-1000](tel:800-827-1000)

[Va.gov](http://va.gov)

Allegheny County Veterans Services

Soldiers and Sailors Hall

[4141 Fifth Ave., Third Floor](#)

[Pittsburgh, PA 15213](#)

[412-621-4357](tel:412-621-4357)

county.allegheny.pa.us/veterans

Federal Veteran's Affairs

Pittsburgh Regional Office

[1000 Liberty Ave., #1700](#)

[Pittsburgh, PA 15222](#)

[800-827-1000](tel:800-827-1000)

State Military and Veterans Affairs

Deputy Adjutant General's Office

[1000 Liberty Ave., #1612](#)

[Pittsburgh, PA 15222](#)

[412-395-6225](tel:412-395-6225)

dmva.pa.gov

Healthcare for Homeless Vets

[877-424-3838](tel:877-424-3838)

va.gov/HOMELESS/index.asp

Keystone Paralyzed Veterans of America

[1113 Main St.](#)

[Pittsburgh, PA 15215](#)

[412-781-2474](tel:412-781-2474)

[800-775-9323](tel:800-775-9323)

kpva.org

Southwestern Veterans' Center

[7060 Highland Drive](#)

[Pittsburgh, PA 15206](#)

[412-665-6706](tel:412-665-6706)

Swvc.pa.gov

VA Pension

Aid and Attendance and Housebound

Benefits Program for Veterans

Federal Building

[1000 Liberty Ave., Room 415](#)

[Pittsburgh, PA 15222](#)

[800-827-1000](tel:800-827-1000)

[Va.gov](http://va.gov)

benefits.va.gov/pension

Veteran's Breakfast Club

[412-623-9029](tel:412-623-9029)

veteransbreakfastclub.org

Vision Resources

[Eye Care America](#)

[1-877-887-6327](#)

Participating doctors may provide eye exams and care for up to one year for eligible, low income candidates who are 65 and older.

[New Eyes for the Needy](#)

Eligible individuals may qualify for a new pair of prescription glasses if they meet certain income guidelines. Social service organizations must complete the application on behalf of the individual.

[Mission Vision](#)

Check their online calendar to see where their local vision clinics, which are organized through partnering groups, are being held. In these vision clinics, eyes are checked for medical issues and to screen for vision problems. Often custom prescription glasses are provided.

Hearing Resources

[Commonwealth of Pennsylvania-Hearing Aids and Assistive Devices](#)

[UPMC Center for Assistive Technology](#)

[3600 Forbes Avenue](#)

[Suite 3010](#)

[Pittsburgh, PA 15213](#)

[412-647-1310](#)

24 Hour Helplines or Web Apps

[Allegheny Link](#)

One Smithfield Street
2nd Floor
Pittsburgh, PA 15222

Hours: 8:00 AM to 7:00 PM – Monday through Friday

The Allegheny Link connects people in need to available resources in an effort to maintain their independence and quality of life.

The Allegheny Link assists:

- People with all disabilities
- Older adults to remain in the community
- People who are homeless or at risk of homelessness to reach the goals of stable housing
- People who are pregnant, or parents and caregivers of children to six years of age - by referrals to home-visiting program.

[Resolve Crisis Network](#)

1-888-7-YOU-CAN ([1-888-796-8226](tel:1-888-796-8226))

[333 North Braddock Avenue](#)
[Pittsburgh, PA 15208](#)

Callers are put in touch with mental health and addiction counselors to receive immediate confidential crisis counseling and emergency support and may be referred for ongoing help regardless of ability to pay. In addition, a mobile crisis team may be available to come to the site of the crisis.

[BigBurgh.com](#)

Pittsburgh's Safety Net Web-App

[Humane Animal Rescue Petline](#)

[412-345-0348](tel:412-345-0348)

[Ellie's Pet Pantry](#)

Human Animal Rescue
[1101 Western Avenue](#)
[Pittsburgh, PA 15233](#)
[412-359-4649](tel:412-359-4649)

Resource Search Platforms

[FindHelp.org](#)

Formerly known as Aunt Bertha, FindHelp.org is a social care platform that “allows anyone in need to find free and reduced cost social service programs in their area that can serve them.” (FindHelp.org, 2021).

This service also offers individuals an opportunity self-refer and providers to refer (with documented authorization) to community providers who participate on the platform via the Connect Button.

[PA 2-1-1](#)

Dial: **2-1-1**

United Way of Southwestern PA

P.O. Box 735

Pittsburgh, PA 15230

This is a 24–hour professionally staffed hotline sponsored by United Way that provides help, information, and referrals for all kinds of human services.

Hoarding Information

To get to the Hoarding Resources Guide, go to this [page](#) and expand the 'Publications' bar to access the [Allegheny County Hoarding Resource](#) guide.

Allegheny Link

1-866-730-2368

<https://www.alleghenycounty.us/Human-Services/About/Contact/Allegheny-Link.aspx>

Office of Behavioral Health

412-350-4457

<https://www.alleghenycounty.us/Human-Services/About/Offices/Behavioral-Health.aspx>

LGBTQ Support Services

Allegheny County Department of Human Services

810 River Ave., Second Floor, Suite 220

Pittsburgh, PA 15212

412-350-2436

Email: DHS-LGBTQ@alleghenycounty.us

Persad Center/SAGE of Western PA

5301 Butler St.

Pittsburgh, PA 15201

412-441-9786

888-873-7723

Pittsburgh Equality Center (PEC)

5840 Ellsworth Ave., Suite 100

Pittsburgh, PA 15232

412-422-0114

Project Lifesaver

What is Project Lifesaver?

Project Lifesaver is a program offered by law enforcement and other emergency responders using proven radio technology and specially trained search and rescue teams, to find citizens enrolled in the program when they become lost.

How can I enroll?

If you are a caregiver for someone you think is eligible to enroll in this program, or would like more information, contact the Allegheny County District Attorney's Office: Assistant District Attorney Angela Kelley at [412-350-3138](tel:412-350-3138) or email akelly@alleghenycountyda.us or visit the website [here](#).

Senior Resources

The resources below have been gathered from the [2022 Allegheny County Senior Resources](#).

Adult Day Services

East

Community LIFE East End*

[301 Meade St.](#)
[East End, PA 15221](#)
[\(866\) 419-1693](#)

Community LIFE Homestead *

[491 East Eight Ave.](#)
[Homestead, PA 15120](#)
[\(866\) 419-1693](#)

Community LIFE McKeesport*

[4201 Walnut St.](#)
[McKeesport, PA 15132](#)
[\(866\) 419-1693](#)

Mon Yough Community Services, Inc. Senior Connection **

[500 Market St.](#)
[McKeesport, PA 15132](#)
[\(412\) 675-8426](#)

SarahCare

[2030 Ardmore Blvd.](#)
[Forest Hills, PA 15221](#)
[\(412\) 271-3600](#)

Woodside Place of Oakmont

[1215 Hulton Rd.](#)
[Oakmont, PA 15139](#)
[\(412\) 826-6500](#)

New Horizon Senior Center **

[10147 Frankstown Rd.](#)
[Penn Hills, PA 15235](#)
[\(412\) 247-4902](#)

Anathan Club

[300 JHF Dr.](#)
[Squirrel Hill, PA 15217](#)
[\(412\) 422-9454](#)

North

Community LIFE Logans Ferry*

[125 Logans Ferry Rd. Suite 2](#)
[Lower Burrell, PA 15068](#)
[\(866\) 419-1693](#)

LIFE Pittsburgh *

North Shore
[1200 Reedsdale St. \(Rear\)](#)
[Pittsburgh, PA 15233](#)
[\(412\) 388-8050](#)

LIFE Pittsburgh

[Three Allegheny Center](#)
[First Floor](#)
[Pittsburgh, PA 15212](#)
[\(412\) 388-8050](#)

Easter Seals

[370 Guys Run Rd.](#)
[Cheswick, PA 15024](#)
[\(412\)826-4939](#)

Wesley Family Services

[104 Beta Dr.](#)
[O'Hara Township, PA 15238](#)
[\(412\) 447-0009](#)

VA Pittsburgh

Healthcare System
[H.J. Heinz Campus](#)
[1010 Delafield Rd.](#)
[Aspinwall, PA 15215](#)
[\(412\) 822-2088](#)

Community LIFE Tarentum *

[702 Second Ave.](#)
[Tarentum, PA 15084](#)
[\(866\) 419-1693](#)

South

Community LIFE Mon Valley*
[2115 Trebella Circle](#)
[Rostraver Township, PA 15012](#)
[\(866\) 419-1693](#)

**Prime Time Adult Services
Christ United Methodist Church**
[44 Highland Rd.](#)
[Bethel Park, PA 15102](#)
[\(412\) 835-6661](#)

Elizabeth Seton Center
[1900 Pioneer Ave](#)
[Brookline, PA 15226](#)
[\(412\) 561-8400](#)

**Chartiers Center/ Intellectual and Developmental
Disabilities ****
[2866 Glenmore Ave.](#)
[Dormont, PA 15216](#)
[\(412\) 344-7155](#)

LIFE Pittsburgh
[875 Green Tree Rd.](#)
[One Parkway Center](#)
[Green Tree, PA 15220](#)

West

Center for Community Supports **
[86 Coraopolis Rd.](#)
[Coraopolis, PA 15108](#)
[\(412\) 771-3614](#)
(Primarily serves intellectually disabled adults)

Partners for Quality Citizen Care Walden Center**
[1225 Lewis Ave.](#)
[Coraopolis, PA 15108](#)
[\(412\) 264-8755](#)
(Primarily serves intellectually disabled adults)

LIFE Pittsburgh*
[130 Chartiers Ave.](#)
[McKees Rocks, PA 15136](#)
[\(412\) 388-8050](#)
(LGBTQ Support Services)

* - These programs provide all-inclusive medical and supportive services (LTCCAP).

** - Special needs. Call individual facilities for specifics.