

How to identify an opioid overdose:

Look for these common signs:

- The person won't wake up even if you shake them or say their name
- Breathing slows or even stops
- Lips and fingernails turn blue or gray
- Skin gets pale, clammy

In case of overdose:

1 Call 911 and give naloxone

If no reaction in 3 minutes, give second naloxone dose

2 Do rescue breathing or chest compressions

Follow 911 dispatcher instructions

3 After naloxone

Stay with person for at least 3 hours or until help arrives

Common opioids include:

GENERIC	BRAND NAME
Heroin	N/A
Hydrocodone	Vicodin, Lorcet, Lortab, Norco, Zohydro
Oxycodone	Percocet, OxyContin, Roxicodone, Percodan
Morphine	MSContin, Kadian, Embeda, Avinza
Codeine	Tylenol with Codeine, TyCo, Tylenol #3
Fentanyl	Duragesic
Hydromorphone	Dilaudid
Oxymorphone	Opana
Meperidine	Demerol
Methadone	Dolophine, Methadose
Buprenorphine	Suboxone, Subutex, Zubsolv, Bunavail, Butrans

For patient education, videos and additional materials, please visit www.prescribetoprevent.org



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Opioid safety and how to use naloxone



A GUIDE FOR PATIENTS AND CAREGIVERS

Allegheny County Health Department

Opioid Overdose Response Instructions

Narcan® Nasal spray naloxone

Use NARCAN Nasal Spray (naloxone hydrochloride) for known or suspected opioid overdose in adults and children. Important: For use in the nose only. Do not remove or test the NARCAN Nasal Spray until ready to use.

1 Identify Opioid Overdose and Check for Response



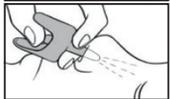
Ask person if he or she is okay and shout name. **Shake** shoulders and firmly rub the middle of their chest.

Check for signs of opioid overdose:

- Will not wake up or respond to your voice or touch
- Breathing is very slow, irregular, or has stopped
- Center part of their eye is very small, sometimes called "pinpoint pupils"

Lay the person on their back to receive a dose of NARCAN Nasal Spray

2 Give NARCAN Nasal Spray



Remove NARCAN Nasal Spray from the box. Peel back the tab with the circle to open the NARCAN Nasal Spray.

Hold the NARCAN nasal spray with your thumb on the bottom of the plunger and your first and middle fingers on either side of the nozzle.

Gently insert the tip of the nozzle into either nostril.

• Tilt the person's head back and provide support under the neck with your hand. Gently insert the tip of the nozzle into **one nostril**, until your fingers on either side of the nozzle are against the bottom of the person's nose.

Press the plunger firmly to give the dose of NARCAN Nasal Spray.

• Remove the NARCAN Nasal Spray from the nostril after giving the dose.

3 Call for emergency medical help, Evaluate, and Support



Get emergency medical help right away.

Move the person on their side (recovery position) after giving NARCAN Nasal Spray.

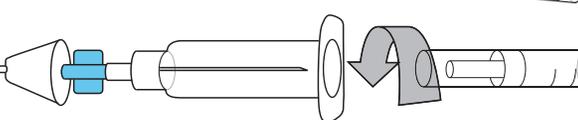
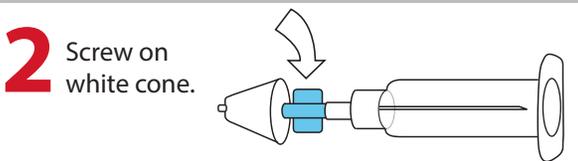
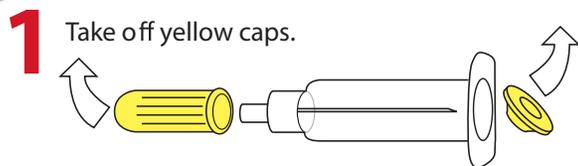
Watch the person closely.

If the person does not respond by waking up, to voice or touch, or breathing normally another dose may be given. NARCAN Nasal Spray may be dosed every 2 to 3 minutes, if available.

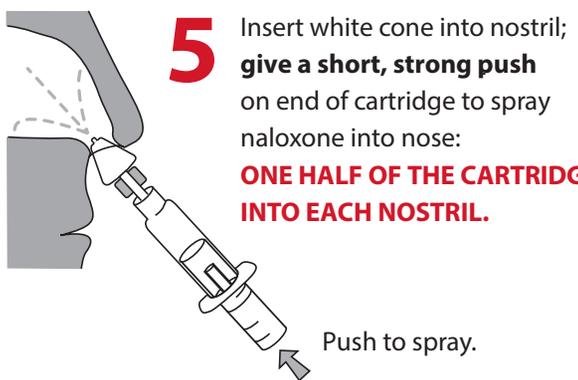
Repeat Step 2 using a new NARCAN Nasal Spray to give another dose in the other nostril. If additional NARCAN Nasal Sprays are available, repeat step 2 every 2 to 3 minutes until the person responds or emergency medical help is received.

How to give naloxone:

Nasal spray naloxone



4 Gently screw naloxone cartridge into barrel of syringe.



6 If no reaction in 3 minutes, give second dose.

Auto-injector

1 The auto-injector is FDA approved for use by anyone in the community. It contains a speaker with automated voice instructions to inject naloxone into the outer thigh, through clothing if needed. Follow these instructions.



2 If the device doesn't have automated instruction or if the voice instruction is disabled, follow below instructions. The device should still work.

3 Prepare device – for EVZIO®: Pull off the red safety guard. It's made to fit tightly. Pull firmly to remove. To reduce chance of an accidental injection, do not touch the base of the auto-injector, where the needle comes out.

4 Hold injector with fisted hand if possible and press firmly against outer thigh, until you hear a click or hiss. EVZIO® can be used through clothing. One auto-injector delivers 0.4 mg naloxone.

5 Continue to hold pressure for a full 10 seconds to ensure full delivery of medication. Note: the needle will inject and then retract back up into the EVZIO® auto-injector and is not visible after use. Do not look for the needle. This will put you at risk for needle stick injury.

6 Continue to monitor breathing and pulse. If not breathing, give rescue breathing. If no pulse, start CPR.

7 If no response in 3 minutes, repeat the above instruction with a new auto-injection device.

8 Remain with the person, monitor and support breathing until he or she is under the care of a medical professional, such as a physician, nurse, or EMS.