# Emergency Preparedness Fact Sheet

#### **Allegheny County Emergency Services**

Fact Sheet # 2

## **Snow Storms**

Many winter storms bring dangerously low temperatures as well as strong winds, icing, sleet and freezing rain. Winter weather can also knock out heat, power and communication, sometimes for days at a time.

- If you go outside, wear layers. Be especially sure to wear something on your head as most heat escapes through the top of your head.
- If you are outdoors, watch for signs of frostbite and hypothermia, the dangerous and sometimes fatal lowering of body temperatures.
- Never use a generator, grill, camp stove or other gasoline, propane, natural gas or charcoal-burning device inside or in any partially enclosed area.
- Check on seniors and other neighbors who may need a helping hand during severe weather.



# **Emergency Supply Kit**

Make certain that you have an emergency kit which includes enough food, water, medicine and other supplies to last for at least 72 hours. Basic services such as electricity, gas, water, sewage treatment and telephones may be affected during severe weather. Your emergency kit should contain items to help you manage during such outages. Consider sufficient heating fuel if you have a secondary source of heat, and also ensure that you have adequate clothing and blankets to keep you warm.

For tips, suggestions on what to include in an emergency kit and more, visit www.ready.gov/build-a-kit.

### **Emergency Preparedness Month**

September is Emergency Preparedness Month and Allegheny County Emergency Services wants to make sure you are ready for any type of disaster that may strike our community. Throughout the month, follow us on social media for tips and tactics

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