



DHS News

Newsletter of the Allegheeny County
Department of Human Services



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Committees work to improve well-being for ERO, CRO staff

Two Office of Children, Youth and Families (CYF) offices, Central Regional Office (CRO) and East Regional Office (ERO), have launched morale committees designed to encourage camaraderie and boost spirits.

Working in child welfare is often extremely stressful, and staff at both CRO and ERO recognized it was important to offer opportunities for self-care to prevent burnout. The events hosted by the morale committees – which include celebrations for new and leaving staff, a Thanksgiving food drive for families on the staff caseload, and an African-American luncheon at CRO and an educational whiteboard and arts and crafts activities with food at ERO – allow staff to take a break from their stressful schedules, focus on their well-being and connect with their colleagues. Committee activities are funded through each office's snack shop.

"Who knows what helps frontline staff better than frontline staff! It is exciting to see the creativity of our staff in how they put their thoughts into actions to improve our regional offices," said Sarah Marker, CYF business operations specialist.