



Allegheny County Department of Human Services Helpful Resources

National Recovery Month

September is National Recovery Month. Recovery Month promotes the societal benefits of treatment for substance use and mental disorders, celebrates people in recovery, lauds the contributions of treatment providers, and promotes the message that recovery in all its forms is possible. Recovery Month spreads the positive message that behavioral health is essential to overall health, that prevention works, treatment is effective and people can and do recover.

Recovery Month shares that all individuals have the fundamental and inherent value to be accepted and treated with respect, dignity, and worth.

Annual Pittsburgh Recovery Walk

Dispel the negative stigma associated with recovery from addiction, and celebrate the many roads to recovery and all those who have traveled them at this annual event.

[Learn more](#)

The Opioid Overdose Toolkit

The Toolkit provides information on overdose prevention, treatment and recovery for first responders, prescribers, and patients.

[National Recovery Month Toolkit](#)

Where to Call

Directory and descriptions of mental health and drug and alcohol services providers