

CHILD & ADOLESCENT SERVICES CONTINUUM OF CARE

MOST RESTRICTIVE

LEAST RESTRICTIVE

OUT-OF-HOME SERVICES		COMMUNITY BASED SERVICES								
INPATIENT HOSPITAL	(RTF) RESIDENTIAL TREATMENT FACILITY (CRR) / (IRT) COMMUNITY RESIDENTIAL REHABILITATION / INDIVIDUALIZED RESIDENTIAL TREATMENT	(PHP) PARTIAL HOSPITAL PROGRAM	CTT-T	MTAY	(FBMH) FAMILY BASED MENTAL HEALTH	(MST) MULTI-SYSTEMIC THERAPY	(FEP) FIRST EPISODE PSYCHOSIS	CSBBHT <i>*For specific schools – see below</i>	IBHS	OP/SBM H
- (WPH) Western Psychiatric Hospital - Southwood	(RTF) Residential Treatment Facility (CRR) / (IRT) - Pressley Ridge - Merakey	<u>After School:</u> - Community Empowerment Assoc. - (WBH) Western Behavioral Health <u>Day Programming:</u> - Pittsburgh Mercy - (WFS) Wesley Family Services - (WBH) Western Behavioral Health <u>IN SCHOOL PhP:</u> - Pressley Ridge - PLEA - Friendship Academy - PACE School - Wesley Family Services @ Deer Lakes - Adelphoi @ West Mifflin	- (WBH) Western Behavioral Health	- (PR) Pressley Ridge Independence - Ahead - Auberle MIYA – Mobile Interventions for Young Adults	- (ACI) Allegheny Children's Initiative - (EC) Every Child, Inc. - (FL) FamilyLinks - (FR) Family Resources - (GRSL) Glade Run Lutheran Services - (PR) Pressley Ridge - Southwood - (WFS) Wesley Family Services - (WBH) Western Behavioral Health	- (MHY) Mars Home for Youth	- (WBH) Western Behavioral Health - STEP - (WFS) Wesley Family Services - ENGAGE	- (WFS) Wesley Family Services - (PR) Pressley Ridge - Every Child, Inc.	- 27 Providers - Individual, Group, ABA, CSBBHT	

OUT-OF-HOME SERVICES

1. **INPATIENT HOSPITAL:**
Provides high security and high intensity treatment interventions in psychiatric units of general hospitals, licensed psychiatric hospitals, and state mental hospital units.
2. **(RTF) RESIDENTIAL TREATMENT FACILITY:**
Residential treatment setting certified by the Office of Mental Health, serving the intensive treatment needs of children and adolescents. IRT is 24 treatments provided in a family setting.

COMMUNITY BASED SERVICES

3. **PARTIAL HOSPITAL PROGRAM:**
Mental Health treatment intervention delivered in a clinic or school setting, to assist a child in transitioning from inpatient treatment or for prevention of psychiatric hospitalization.
4. **(CTT-T) COMMUNITY TREATMENT TEAM-TRANSITION AGE:**
A team delivered service comprised of psychiatrist, nurse, therapist, case manager, and vocational specialist. All necessary services are delivered to the consumer in the community where they reside.
5. **(MTAY) Mobile Transition Age Youth Treatment Team:**
A team delivered service that provides assistance to transitioning young adults who are focused on wellness and recovery while managing their mental health and/or D&A substance abuse issues all while acquiring life skills i.e., employment, education, conflict resolution, etc.
6. **(FBMH) FAMILY BASED MENTAL HEALTH:**
Provides intensive in-home interventions designed to prevent out-of-home placement.
7. **(MST) MULTISYSTEMIC THERAPY:**
This is a multi-faceted, short-term, home and community-based intervention for families of youth with severe psychosocial and behavioral problems
8. **(FEP) FIRST EPISODE PSYCHOSIS:**
Team delivered coordinated specialty care for individuals experiencing their first episode of psychosis.
9. **(CSBBHT) Community School Based Behavioral Health Team:**
A school-based team delivered service comprised of 2 (MHP) Mental Health Professionals and 3 (BHW) Behavioral Health Workers which provide family and individual therapy, service coordination, 24/7 crisis management. WFS – Pittsburgh Public Schools; Pressley Ridge – Pittsburgh Public Schools, Sto-Rox; WPH – Woodland Hills and McKeesport.
10. **(IBHS) INTENSIVE BEHAVIORAL HEALTH SERVICES**
Individualized strengths-based mental health services delivered in non-traditional settings, such as: home and school to promote the child receiving services in the least restrictive setting possible.
11. **OUTPATIENT SERVICES/SBMH:**
Community-based treatment interventions usually delivered in a clinic or school setting including individual, group, family, and play therapies, and medication management.

ADJUNCTS TO TREATMENT

1.

(ASC) ADMINISTRATIVE SERVICE COORDINATION:

This is usually a starting point for most families. If a child is registered with any Service Coordination Unit in Allegheny County, an administrative service coordinator will help someone get into services, assess needs, make referrals and help search for appropriate providers and services.
2.

(BSC) BLENDED SERVICE COORDINATION:

If a child is experiencing more significant serious emotional disturbances that interfere with his or her ability to function at home and he or she needs to receive treatment from two or more mental health providers or publicly funded systems (such Education, Child Welfare or Juvenile Justice), a blended service coordinator would assist the family and child in coordinating these services. A blended service coordinator will also serve as a link and advocate between multiple systems to ensure the child gets the services that he or she needs.
3.

(SAP) STUDENT ASSISTANCE PROGRAM:

This is a prevention program provided in every middle and senior high school in Allegheny County. Through this program, school personnel are trained to identify potential emotional or behavioral issues that may be causing a child to experience barriers to learning. In collaboration with the family and school personnel, a SAP liaison will provide treatment suggestions and offer assistance in obtaining mental health services, if needed. The goal of the program is to improve the child's success at school.
4.

MOBILE CRISIS SERVICES:

a.

RESOLVE

The goal of this program is to work with the child with emotional disturbances during a crisis (in the home, at school, or in the community) in order to prevent injury or hospitalization. When called, a crisis intervention team will come to assess, coordinate, treat and refer for appropriate services, if necessary. This service is voluntary and provided free of charge 24 hours a day, 7 days a week. RESOLVE Crisis Network 1-877-7-YOU CAN (1-888-796-8226).

b.

CACTIS

CACTIS provides the same crisis services as RESOLVE. However, this is a service for children with a mental health diagnosis who have already registered for CACTIS services. A crisis safety plan has already been developed with the child, family, and a team from RESOLVE. When a family calls CACTIS in a crisis situation, the CACTIS staff is already familiar with the child and family, and they will follow the steps that were developed in the crisis plan.
5.

(JPT) JOINT PLANNING TEAM:

The Joint Planning Team utilizes the principles of the High-Fidelity Wraparound model where services are highly collaborative, and family driven. The Joint Planning Team is not a program or type of service, but a process that is used to support children with complex needs and their families. The process develops a highly individualized plan that addresses the child's complex emotional issues and focuses on needs rather than services.
6.

(CPS) CERTIFIED PEER SPECIALIST (14-18 YEARS):

Support offered by an individual who has lived experience.
7.

(YSP) YOUTH SUPPORT PARTNER:

Support offered by an individual who has lived experience.