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This Resource Guide aims to provide a comprehensive collection of information about recovery housing for people in recovery from drug use in Allegheny County, PA. This guide covers essential information and tools to support long-term recovery, particularly for those in recovery and service providers supporting their recovery process.

For more information about how the Allegheny County Health Department supports overdose prevention and recovery for people who use drugs, visit www.harmreductionallegheny.org

Quick Reference Guide

Personal Considerations: Understand your personal needs along your recovery journey. Determine if recovery housing is right for you or someone you know in active recovery.

Recovery Housing Considerations: Consider standard licensure, cost, and insurance requirements for recovery houses. Understand how they typically operate to provide support services for recovering individuals.

Questions to Ask When Finding a Recovery House: Call recovery houses to find one that is right for you or someone you know in recovery. Click here for a printable version.

Recovery Housing Tracking Sheet: Use this tracking sheet when calling recovery houses. Collect information to compare houses and find the right one for you. Click here for a printable version.

Additional Resources: Additional housing and recovery support services in Allegheny County.

Recovery Housing Resources: Names, addresses, and contact information to recovery houses in Allegheny County.

Personal Considerations

- Recovery homes generally require a commitment to abstaining from drug and alcohol use. Check each recovery home's model and policies to see if they're a good fit for you.
- Click here to familiarize yourself with the principles of recovery and recovery housing.
- Develop a recovery plan to help you stay on track with your recovery goals. You can write this plan
 out by yourself, with a friend, family member, case manager, or counselor. For more information
 on creating a personal recovery plan, click here.

Recovery Housing Considerations

Licensure

- Recovery homes are not required to be licensed in Pennsylvania, but having a license guarantees that the home meets organizational, financial, operational, property, and recovery support standards.
- Recovery homes in Pennsylvania are licensed by the Pennsylvania Department of Drug and Alcohol Programs (DDAP).
 - Licensed homes are inspected annually and must comply with DDAP's standards to uphold their licensure. Read about DDAP licensure at: https://www.pa.gov/agencies/ddap/treatment-and-support/housing.
- You can find a list of DDAP licensed recovery homes in Allegheny County under the Recovery Housing Resources (DDAP-Licensed) section of this guide.
- Non-licensed houses do not have to comply with DDAP's requirements, but they are still able
 to provide people with a safe and supportive environment that supports recovery. Many
 operators of non-licensed houses decide not to get licensed because they do not agree with
 the standards and expectations for recovery set by DDAP.
- You can find a list of non-licensed recovery homes in Allegheny County under the Recovery Housing Resources (Other Recovery Houses) section of this guide.
- Refer to the Questions to Ask section of this guidebook to know what questions to ask when finding a recovery house right for you since the licensure status of recovery houses can affect the rules and regulations they establish.

Cost

- The cost of living in a recovery house will vary depending on:
 - Location
 - Number of residents
 - o Size
 - o Amenities
 - o Shared or single rooms
 - Who is operating the home
- Some recovery homes in Allegheny County are fully funded by the county's Department of Human Services (DHS) and are cost-free for residents.

- DHS-funded homes require a referral from a treatment facility, probation, justice-related services, or other human services programs like the <u>Human Services Administration</u> <u>Organization (HSAO).</u>
- DHS-funded recovery houses have a maximum length of stay of 150 days. Clients can only access this funding once per fiscal year/per year.
- Currently, the following Allegheny County recovery homes are funded by DHS:
 - o John Ryan's House @ JADE Wellness Center (men only Brookline)
 - East End Cooperative Ministries (men and women East Liberty)
 - o Za'Kiyah House (men and women Homewood & Braddock)
- The rate for self-pay recovery houses varies from ~\$400-\$600~/month
- Find local organizations that offer grants/scholarships to help cover self-pay.
 - o <u>The Bridge Foundation Bridge to Recovery Housing Scholarships and Referrals</u>
 - o WestPARR Rental Assistance (for WestPARR recovery houses only)
 - o Ryan's Wings (check funding)

Insurance

- Community Care Behavioral Health (CCBH) is public insurance for Allegheny County residents that focuses on providing behavioral health treatment. It is part of the federal Medicaid program and can provide low-cost or free behavioral healthcare, including drug recovery treatment.
- While CCBH can cover the cost of in- and outpatient treatment, it may not cover the cost of one's stay at a recovery house.
- To help residents afford self-pay recovery houses and develop purpose in their recovery process, many recovery houses engage residents in:
 - o Employment & Education Assistance Programs
 - Case Management
 - Transitioning to Independent Living (for after completing their stay at the recovery house)
- Check with the recovery houses you call about their insurance requirements and payment assistance services they offer.

Eligibility for Residency

- Requirements for entry will differ from house to house, but many houses:
 - Require residents to have a history of substance use
 - o Require residents to be 18 years or older
 - Do not accept sex offenders
 - Require residents to participate in outpatient treatment while housed. Find a licensed treatment facility <u>here</u>.
 - o Require individuals to complete a level of care assessment with a licensed drug and alcohol care provider to determine the level of care the individual requires following treatment.
 - Some houses (such as East End Cooperative Ministry) require a direct admission from jail, inpatient treatment, or a halfway house; they do not directly admit individuals from the community.

Questions to Ask When Finding a Recovery House

Click here for a printable version of these questions.

- What are your policies on using medications, like medications for behavioral and physical health and MOUD?
 - Some house operators may think that using medications, even if they can help your physical and/or mental health, goes against their beliefs about what it means to stay sober and in recovery. It's important to ask this question because the answer will likely differ depending on who is operating and creating rules for the house.
- What are your expectations for attending house meetings, 12-step meetings, and completing drug tests?
 - Recovery housing emphasizes the supportive and therapeutic role of the shared living environment. Residents may be expected to participate in weekly house meetings where they share their challenges and successes of recovery.
 - Residents may also be expected to attend weekly 12-step or other abstinencebased support meetings outside of the house and maintain their commitment to sobriety by completing random drug tests.
- What happens if I return to using while living in the home?
 - Residents may be evicted from their recovery home if they are found to be using drugs or alcohol.
- Do you have a curfew?
 - This is important to ask so you know when you are expected to be at the house and
 if this time will interfere with your medical and/or counseling appointments, work,
 school, and any other obligations that take place outside of the home.
- How long am I expected to stay?
 - This answer will vary from house to house. There may be a maximum number of days or months you are allowed to stay in some, while others will allow you to stay as long as you think you need to.
- Do you offer transportation assistance/is there accessible public transportation near the house?
 - If you do not have a personal vehicle, the location of the house and the surrounding transportation options are important to make sure that you are getting to your commitments with ease. The safety of the neighborhood is also a factor one should consider when choosing a recovery house.
- How many people will I share a room with?
- What are your policies on having guests or leaving the house for extended periods of time?

Recovery Housing Tracking Sheet

Use this tracking sheet to compare the recovery houses you contact and determine which house is right for you and your recovery journey. This document can be used by individuals or care providers to assist their clients in identifying an appropriate recovery house.

Click here for a printable version of this tracking sheet.

Basic Information

House Name	Address	Contact Information

Cost & Availability

Cost	Date of Availability	Length of Stay		

Support & Amenities

Amenities	Transportation Assistance?
	Amenities

House Rules

Curfew	Guest Policy	Medication Policy	Drug Testing

Additional Notes	 	

Additional Resources

Allegheny County Health Department Housing and Community Environment Program

The Health Department's Housing and Community Environment Program handles questions, concerns, and complaints about housing code violation in Allegheny County. The housing code is a set of rules that defines the requirements for how properties must be maintained inside and out to keep people safe.

Recovery houses are inspected by the Department of Housing and Community Environment every year and are required to follow <u>Article VI – Housing Code for Allegheny County.</u>

If you have an issue with the recovery house you live in or near, the Housing and Community Environment Program can help. Click <u>here</u> to submit a complaint regarding a recovery house.

Allegheny County Department of Human Services

Get immediate help with substance use or find longer term support https://connect.alleghenycounty.us/substance-use/

Allegheny County Community Care Customer Service

If you have questions about your care or how to get care, call 1-800-553-7499

Allegheny Link

https://www.alleghenycounty.us/Services/Housing/Allegheny-Link

Human Services Building

One Smithfield Street Pittsburgh, PA 15222

The Allegheny Link assists

- Households experiencing homelessness and/or their advocates to access services such as emergency shelter, rental assistance, and screen for longer term homeless housing programs using the Allegheny Housing Assessment tool
- Households experiencing housing instability or eviction with assessment and referrals to prevention programs and services
- With navigation of affordable housing resources
- With resource connection to any and all supports and services leading to housing stability

View: Affordable Housing Resource Guide

Call: 1-866-730-2368

Contact: https://www.alleghenycounty.us/Services/Housing/Allegheny-Link

Human Services Administration Organization

Provides case management and human service coordination to encourage clients' independence and self-sufficiency.

https://www.hsao.org/ Phone: 412-301-8232 Email: info@HSAO.org

The Worx! Community-based program that offers:

- Certified Peer/Recovery Services
- Drug and Alcohol Level of Care Assessments
- Case Management/Resource Coordination
- Health/Wellness, Transportation, & Workforce Development Services
- Respite (Transitional) Housing
- Long-Term Housing Support

https://supportworx.org

300 Catherine Street

McKees Rocks, PA 15136 Email: info@theworx.us Phone: 412-219-9123



Recovery Housing Resources

DDAP-Licensed Recovery Houses in Allegheny County

East End Cooperative Ministry (East Liberty)

Recovery House for Men and Women https://www.eecm.org/?lang=en 6140 Station Street Pittsburgh, PA 15206

Phone: 412-345-7148
Email: eecm@eecm.org

First Step Recovery Home Inc. (McKeesport)

Recovery House for Men

https://firststeprecoveryhomes.com/

336 Penny Street 416 Olive Street

McKeesport, PA 15132 **Phone:** 412-673-2113

Email: fsrhclinicaloffice@gmail.com

Hope Recovery Group (Sheraden)

Recovery House for Men

https://www.hoperecoverygroup.com/

3312 Francisco Street Pittsburgh, PA 15204

Phone: 412-716-8811

Email: info@hoperecoverygroup.com

John Ryan's House @ JADE Wellness Center (Brookline)

Recovery House for Men

https://myjadewellness.com/recovery-

housing/

2681 Waddington Ave Pittsburgh, PA 15226

Phone: 412-380-0100

Email: dan@myjadewellness.com

Lemon's Living LLC (Sharpsburg)

Recovery House for Men

https://lemonsliving.com/ 234 North Main

232 North Main Pittsburgh, PA 15215 **Phone:** 412-689-9496

Email: lemonslivingllc@gmail.com

New Beginnings Transitional Living Foundation

Separate Recovery Houses for Men and Women

https://sbssupport.weebly.com/recovery-housing.html

McKees Rocks (men): 208 Singer Ave McKees

Rocks, PA 15136

Sheraden (men): 2905 Merwyn Ave Corliss,

PA 15204

Mt. Washington (women): 5 Boggs Ave

Pittsburgh, PA 15211 **Phone:** 412-628-0403

Pathway to Care and Recovery (Downtown)

https://pathwaytocareandrecovery.com/licensed-recovery-house/

326 Third Ave Pittsburgh, PA 15222

Phone: 412-325-7550

Pearl's Serenity House (McKeesport)

Recovery House for Women

https://pearlsserenityhouse.wordpress.com/ 704 Market Street McKeesport, PA 15132

Phone: 412-287-2629

Email: pearlsserenityhouse@gmail.com

Skyline Recovery

Separate Recovery Houses for Men and Women

https://www.skylinerecoverypittsburgh.com/

Brookline (women): 623 Brookline Blvd

Pittsburgh, PA 15226

Brighton Heights (men): 1308 Stranmore

Street Pittsburgh, PA 15212

Wilkinsburg (men): 1712 Termon Ave

Pittsburgh, PA 15212 **Phone:** 412-475-8231

Za'Kiyah House

Separate Recovery Houses for Men and Women

https://www.zakiyahhouse.org/

Homewood: 7729 Susquehana Street Pittsburgh, PA 15208

Braddock: 832 Kirkpatrick Ave Braddock, PA 15104

Phone: 412-595-6666

Email: info@zakiyahhouse.com

Other Recovery Houses in Allegheny County

Garden Home Ministries (North Side)

Recovery House for Women

https://www.gardenhomeministries.org/

Phone: 412-758-4713

Email: restore@gardenhomeministries.org

Pittsburgh Sober Living

Separate Recovery Houses for Men and

Women

http://pittsburghsoberliving.com/

Carrick (3 houses for men, 1 for women)

Beechview (2 houses) Mt. Oliver (1 house)

Men's Phone: 412-760-0384 Women's Phone: 412-335-3559

Email: info@pittsburghsoberliving.com

My Brother's House

Recovery Houses for Men

https://www.mybrothershousesoberliving.com/

White Oak, Monroeville, & North Versailles

Phone: 412-537-0145

Email: mybrothershouses@gmail.com

Cedar House (North Side)

1 Men's House & 1 Co-Ed House

https://thecedarhouserecovery.com/wp-content/uploads/2023/02/Cedar-House-Now-Accepting-2.22.23-FINAL.pdf

Phone: 724-980-8959

Email:

kbarker@thecedarhouserecovery.com

Habitat for Recovery

Recovery Houses for Men

https://habitatforrecoverypgh.com/

Phone: 412-999-6506

Email: info@habitatforrecoverypgh.com

Jairus House

Recovery House for Women

https://jairushouse.org/ Phone: 724-581-8986

Email: crhodes@jairushouse.org

Population-Specific & Transitional Housing

POWER House

Transitional Housing for Women https://power-

recovery.com/programs/power-house/

POWER Line: call 412-243-8755 for a confidential assessment and referral to

treatment

POWER House Phone: 412-271-0500

Sojourner House (East Liberty)

Transitional Housing for Mothers & Their Children

https://www.sojournerhousepa.org/services/supportive-housing/

5907 Penn Ave Suite 220 Pittsburgh, PA

15206

Phone: 412-441-7783 Email: info@sihpa.org

The Cornerstone Residence (Clairton)

Recovery House for Male Veterans

https://www.cornerstoneresidence.org/

622 Delaware Ave Clairton, PA 15025

Phone: 724-914-1536

Email: thecornerstoneresidence@gmail.com

Veterans Place of Washington Boulevard

Transitional Housing for Veterans

https://www.veteransplaceusa.org/program/

transitional-housing/

945 Washington Blvd Pittsburgh, PA 15206

Phone: 412-363-0500

