



POWERFUL TOOLS FOR CAREGIVERS 2024

Powerful Tools for Caregiver is offered for free and is a six-week class series that gives you the confidence and support to better care for your loved one- and **yourself**.

CONTACT

Suzy Profeta

PHONE:
412-350-4026

WEBSITE:
www.acdhs.org/caregivers

EMAIL:
suzanne.profeta@allegHENYcounty.us

Powerful Tools for Caregivers class is offered by the Department of Human Services Allegheny County Area Agency on Aging

Dates and times are as follows for 2024:

DATES: Every Thursday, starting January 25th through February 29th from 11 AM-1 PM

Click below to register for dates above.

https://us06web.zoom.us/meeting/register/tZYtfu6qrjsHdQwMMP_v5QgQWeNrmPzRjAg

DATES: Every Thursday, starting March 7th through April 11th from 11 AM-1 PM

Click below to register for dates above.

<https://us06web.zoom.us/meeting/register/tZYrdemgrj0oGtKIZ7-Hi0zcXaJI3SzCUrRQ>

Offered virtually on Zoom. Please call, 412-350-4026 for any questions.

Link will be provided upon registration. Classes are free, but registration is required.

Must attend all six classes.

**Dates and times are subject to change.*