

Motivational Interviewing for EMPLOYMENT SPECIALISTS (Half-Day Workshop)

Motivational Interviewing (MI) is an intervention that can address some of the challenges of employment for clients who are ambivalent about working. MI can help clients who are uncertain or not interested in working by increasing their internal motivation. Because the job search starts soon after a client expresses interest in working, MI can help the client come to a decision to work. At the conclusion of this half-day training, participants will be able to: understand the 'Spirit' of MI, learn, and practice the foundational skills using open-ended questions, affirmations, reflective listening, and summarizing skills (OARS). Participants will also learn how to recognize, respond to, and strengthen 'Change Talk', which can then lead to a shift in the clients' ambivalence towards working. The entire training and practice will be focused on employment.

* Previous MI Training is recommended.

Course Details:

Trainer Name: Kelly Burda
Trainer Email: Kelly.Burda@AlleghenyCounty.US
Location: ZOOM
Times: 9:00 a.m. to Noon

Course Dates and Registration:

03/13/2025 - [Click to register](#)
07/17/2025 - [Click to register](#)
10/28/2025 - [Click to register](#)