

Where Can I Get PrEP?

Allegheny County Health Department Sexual Health Clinic

425 First Avenue
Floor 4 (entrance on Cherry Way)
Pittsburgh, PA 15219
412-578-8081
<https://www.alleghenycounty.us/sexualhealth>

Allies for Health + Wellbeing

5913 Penn Ave
Floor 2
Pittsburgh, PA 15206
412-345-7456
<https://www.alliespgh.org/>

Central Outreach Wellness Center

127 Anderson St
Suite 101
Pittsburgh, PA 15212
412-515-000
<https://www.centraloutreach.com/>

Planned Parenthood of Western PA

933 Liberty Ave
Pittsburgh, PA 15222
412-434-8971
www.ppwp.org

AIDS Free Pittsburgh Online PrEP Locator

<https://www.aidsfreepittsburgh.org/prep-finder>



Frequently Asked Questions

What if I have already had an HIV exposure?

If you have already had an HIV exposure, then you may be a good candidate for PEP (post-exposure prophylaxis) for HIV prevention. PEP is an emergency medication used to prevent HIV infection after a potential HIV exposure. PEP must be taken within 72 hours (3 days) of the HIV exposure—every hour counts!

After completing PEP, it is an easy transition to PrEP!

See your healthcare provider or go to an emergency room if you need PEP for HIV prevention.

If PrEP prevents HIV and I am taking it, do I still need to use condoms or other safer sex practices?

Yes! It is best to use other safer sex practices in addition to PrEP. Using a condom with PrEP will further reduce your risk of getting HIV.

Additionally, PrEP does not protect you against other sexually transmitted infections (STIs) such as syphilis, gonorrhea, or chlamydia—which are all preventable with condom-use.

When in doubt, use a condom or other safer sex practices!

I don't want to take a pill every day. Do I have other options for PrEP?

There are several alternatives to the daily PrEP pill available now. In addition to oral daily pills (Truvada and Descovy), there are now two long-acting injectable forms of PrEP:

Apretude® (cabotegravir) is injection given by your health care provider every other month (every 2 months).

Yeztugo® (lenacapavir) is an injection given by your health care provider twice yearly (every 6 months).

Visit www.hiv.gov for more HIV-related information.



PrEP 101

Stay HIV free with oral or injectable medicine!





What Is PrEP?

Pre-Exposure Prophylaxis (PrEP) is a medication that helps reduce the risk HIV infection.

PrEP comes in the form of...

- Daily oral pills (Truvada or Descovy,)
- Bi-monthly every 2 months injections (Apretude)
- Twice yearly every 6 months injections (Yeztugo)

When used as directed, PrEP can reduce the risk of getting HIV through sex by more than 90%. For those that inject drugs, PrEP can reduce the risk of HIV infection by more than 70%.

While on PrEP, you will need to regularly see your healthcare provider for repeat blood tests, prescription refills, and follow-up.

Is PrEP Right For You?

PrEP may benefit you if you test negative for HIV and any of the following apply to you:

- You have had anal or vaginal sex in the past 6 months, and you:
 - have a sexual partner with HIV (especially if the partner has an unknown or detectable viral load), or
 - have not consistently used a condom, or
 - have been diagnosed with an STD in the past 6 months.
- You inject drugs and:
 - have an injection partner with HIV, or
 - share needles, syringes, or other injection equipment.
- You've been prescribed PEP (post-exposure prophylaxis) for HIV, and you:
 - report continued risk behavior, or
 - have used multiple courses of PEP.

Talk to your doctor to find out if PrEP is right for you

How Can You Pay for PrEP?

Most private and state Medicaid plans cover PrEP- check with your benefits counselor.

If you have health insurance, you may receive co-pay assistance from drug manufacturers or patient advocacy foundations.

If you do not have health insurance, check with your doctor or provider to enroll in a patient assistance program or your state's Medicaid plan.



For more information about PrEP, please visit:

www.cdc.gov/hiv
www.PrEPpgh.com
www.truvada.com