Whether you’re ready to kick-start your routine—or just looking to level up—the Active&Fit Direct™ program allows you to choose from 9,000+ participating fitness centers nationwide for $25 a month (plus a $25 enrollment fee and applicable taxes).

The program offers:

- Online directory maps and locator for fitness centers (available on any device)
- A free guest pass to try out a fitness center before enrolling (where available)
- The option to switch fitness centers to make sure you find the right fit

To learn more, visit www.upmchealthplan.com (log in) > Rewards and Incentives > MyHealth Rewards > Active&Fit Direct

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