Milestones for mini mouths

NEWBORN

BACTERIA FROM YOUR MOUTH CAN PASS TO YOUR BABY'S MOUTH
SO PART OF TAKING CARE OF YOUR NEWBORN'S MOUTH IS CARING FOR YOUR OWN ORAL HEALTH

0 TO 5 MONTHS OLD

YOU'RE BEGINNING TO SEE THAT ADORABLE SMILE

START PROTECTING IT BY WIPING HIS GUMS WITH A SOFT, CLEAN CLOTH AFTER EACH FEEDING

6 TO 12 MONTHS OLD

BABY IS CUTTING HIS FIRST TOOTH
START BRUSHING THAT TOOTH TWICE A DAY USING A SMEAR OF TOOTHPASTE

2x/day

WHEN BABY IS READY FOR SOLID FOOD CHOOSE THINGS WITH NO ADDED SUGAR

1 YEAR OLD

MAKE SURE YOUR BABY HAS A DENTAL CHECK-UP BY HIS FIRST BIRTHDAY

If you don't have anywhere to take your baby, ask your pediatrician to check his teeth and for a dental referral.

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