



# Community Health Resources

from Allegheny County Health Department's

## Guide to Health Care Services for Underinsured or Uninsured

### COVID-19 Testing Resources

Allegheny County Self-Checker for FREE testing -  
<https://allegheny.curativeinc.com/welcome>


### Federally Qualified Health Centers or Sliding Fee Clinics


These types of clinics will see patients with or without health insurance. For people without health insurance or for those who have very high annual deductibles, services may be provided at a lower cost using a sliding scale based on income and household size. Always call ahead to make an appointment and to ask what documents are needed to apply for the sliding scale fee for services.

- Locations marked with this symbol are offering free testing. Please call for more information. No walk ins.


### Central & Eastern Neighborhoods


**Primary Care Health Services**  
[www.pchspitt.org](http://www.pchspitt.org)

**Alma Illery Medical Center**  
[www.pchspitt.org](http://www.pchspitt.org)   
7227 Hamilton Ave.  
Pittsburgh, PA 15208  
**412-244-4700**

**Braddock Family Health Center**   
[www.pchspitt.org](http://www.pchspitt.org)  
404 Braddock Ave.  
Braddock, PA 15104  
**412-351-6300**

**East End Family Health Center**  
[www.pchspitt.org](http://www.pchspitt.org)  
117 E. Negley Ave.  
Pittsburgh, PA 15206  
**412-404-4000**

**Hazelwood Family Health Center**   
[www.pchspitt.org](http://www.pchspitt.org)  
4918 Second Ave.  
Pittsburgh, PA 15207  
**412-422-9520**

**Hill House Health Center**   
[www.pchspitt.org](http://www.pchspitt.org)  
1835 Centre Ave.  
Pittsburgh, PA 15219  
**412-261-0937**

**McKeesport Family Health Center**   
[www.pchspitt.org](http://www.pchspitt.org)  
627 Lysle Boulevard  
McKeesport, PA 15132  
**412-664-4112**

**Wilksburg Family Health Center**  
[www.pchspitt.org/healthcare-services/wilksburg](http://www.pchspitt.org/healthcare-services/wilksburg)  
807 Wallace Ave., Suite 203  
Wilksburg, PA 5221  
**412-247-5216**

**East Liberty Family Health Center**   
<http://www.elfhcc.com/>

**East Liberty Office**  
6023 Harvard St.  
First Floor  
Pittsburgh, PA 15206  
**412-661-2802**

**East Liberty Family Health Center - Pediatric**  
<http://www.elfhcc.com/>  
**East Liberty Office**  
6023 Harvard St.  
Second Floor  
Pittsburgh, PA 15206  
**412-661-2802**

**Hill District Office**  
<http://www.elfhcc.com/>  
373 Burrows St.  
Pittsburgh PA 15213  
**412-661-2802**  
**(temporarily closed)**

**Lincoln-Lemington Office**

[www.elfhcc.com/](http://www.elfhcc.com/)

7171 Churchland St.  
Pittsburgh, PA 15206

**412-361-8284**  
(temporarily closed)

**Squirrel Hill Health Center**

[www.squirrelhillhealthcenter.org/](http://www.squirrelhillhealthcenter.org/)

Squirrel Hill office  
4516 Browns Hill Road  
Pittsburgh, PA 15217

**412-422-7442**



**Metro Community  
Health Center**

[www.metrofamilypractice.org](http://www.metrofamilypractice.org)

1789 S. Braddock Ave. # 410  
Pittsburgh, PA 15218

**412-247-2310**



**Northern Neighborhoods**

**Northside Christian Health Center**

[www.nschc.org](http://www.nschc.org)

Main Office/Clinic Northside  
816 Middle St.  
Pittsburgh, PA 15212

**412-321-4001**



**Northview Heights Health Center**

525 Mount Pleasant Rd.  
Pittsburgh, PA 15214

**412-322-7500**

**Southern Neighborhoods**

**Brentwood Office of Squirrel Hill  
Health Center**

[www.squirrelhillhealthcenter.org](http://www.squirrelhillhealthcenter.org)

103 Towne Square Way  
Brentwood, PA 15227

**412-422-7442**



**Hilltop Community Health Center**  
*(affiliated with Sto Rox Family Health Center)*

[www.storoxfghc.org](http://www.storoxfghc.org)

151 Ruth St.  
Pittsburgh, PA 15211

**412-431-3520**

**Cornerstone Care Community  
Health Center of Clairton**

[www.cormerstonecare.com](http://www.cormerstonecare.com)

559 Miller Ave.  
Clairton, PA 15025

**412-226-5454**

**Steel Valley Health Center**

[www.pchs.org](http://www.pchs.org)

1800 West Street Suite 110  
Homestead, PA 15120

**412-461-3863**



**Western Neighborhoods**

**Sto-Rox Family Health Center**

[www.storoxfghc.org](http://www.storoxfghc.org)

710 Thompson Ave.  
McKees Rocks PA 15136

**412-771-6462**



**West End Health Center -  
Primary Care Health Services**

[www.pchs.org](http://www.pchs.org)

415 Neptune St.  
Pittsburgh PA 15220

**412-921-7200**



## Women's Health

### Midwife Center of Pittsburgh

<https://midwifecenter.org/>

2825 Penn Ave.  
Pittsburgh, PA 1522  
**412-321-6880**

### Adagio Health Turtle Creek

<https://adagiohealth.org/>

519 Penn Ave.  
Turtle Creek, PA 15145  
**412-349-4156**

### With Women/Con Mujeres

[https://midwifecenter.org/  
pages/con-mujeres](https://midwifecenter.org/pages/con-mujeres)

2825 Penn Ave.  
Pittsburgh, PA 1522  
**412-321-6880**

### Planned Parenthood

[https://www.plannedpare  
nthood.org/](https://www.plannedparenthood.org/)

933 Liberty Avenue  
Pittsburgh, PA 15225  
**412-562-1900**

## Breast and Cervical Cancer Prevention and Treatment Program

This is a program for low-income women who need breast and cervical services. It can provide quality screening care and treatment to women who meet the eligibility criteria. For more information, call the Healthy Woman Program at **1-800-215-7494** or visit:

<https://www.dhs.pa.gov/Services/Assistance/Breast-and-Cervical-Cancer-Prevention-and-Treatment.aspx>

## YWCA Breast Health Program

For help scheduling breast health exams, even if not insured, call **412-255-1604**.

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## LGBTQ+ Health and Wellness

### Persad Center

<https://persadcenter.org/>

5301 Butler Street  
Suite 100  
Pittsburgh, PA 15201

**412-441-9786**

### Transbuddy Pittsburgh

<https://www.transbuddypgh.org/>

[transbuddypgh@gmail.com](mailto:transbuddypgh@gmail.com)

**412-944-4261**

### AHN Transgender Health

[https://www.ahn.org/services/m  
edicine/center-for-inclusion-  
health/transgender-health-  
care?utm\\_source=persad&utm\\_m  
edium=hyperlink&utm\\_term=ahn  
&utm\\_content=resourcepage](https://www.ahn.org/services/medicine/center-for-inclusion-health/transgender-health-care?utm_source=persad&utm_medium=hyperlink&utm_term=ahn&utm_content=resourcepage)

**412-359-4649**

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## Influenza Vaccination Information

Influenza Vaccination Look Up Map - [Influenza Vaccination Look Up Map \(arcgis.com\)](#)

## Food Resource Access Services

Allegheny County Food Resource Distribution Sites - [Free Resource Distribution Sites \(arcgis.com\)](#)

## Diaper Bank Partner Agency map

[Partner Agencies | Mysite \(wpadiaperbank.org\)](#)

The Diaper Bank partners with agencies across Allegheny County to provide diaper and other infant need resources to residents who may be interested in services

## WIC Program

Pre-Application - [Get Started Online! \(pawic.com\)](#)

Find WIC Clinic - [Find WIC Clinics \(pawic.com\)](#)

## Survivor Support Services

Women's Center and Shelter of Pittsburgh

<https://www.wcspittsburgh.org/>

412-687-8005 – 24-hour Helpline

Pittsburgh Action Against Rape (PAAR)

<https://paar.net>

Pittsburgh Office  
81 South 19<sup>th</sup> Street  
Pittsburgh, PA 15203

Mon Valley Office  
501 Braddock Avenue  
Suite 109  
Pittsburgh, PA 15104

1-866-363-7273 – 24-hour Helpline

412-431-5665 – office

## Free Adult Clinics

Most of these clinics are staffed with volunteers. Services are provided at no cost for those who are completely uninsured. Some are walk-in only, while other require appointments. For the walk-in clinics, be sure to come early to register.

### **Birmingham Free Clinic-The Program for Health Care to the Underserved Populations**

44 South 9th St  
Pittsburgh, PA 15203  
**412-481-7900 ext. 281**  
**412-692-4706** Mary Herbert, Clinical Outreach Coordinator  
[www.birminghamfreeclinic.wordpress.com](http://www.birminghamfreeclinic.wordpress.com)

Services are solely for medically indigent (those without any health insurance). Patients with insurance, including Medical Assistance, will be referred to community health centers or evaluated on a case-by-case basis for services. No appointments needed for the Walk-in Clinic hours of operation, but staff can limit the number of patients accepted, depending on how busy the clinic is. Visits by appointment are available for returning patients. ***Patients must be 18 or over and are advised to come as early as 45 minutes to 1 hour prior to registration times of the Walk-in clinic.***

Basic primary care, medication access, PAP testing, mammogram vouchers, oral and long-acting contraceptives, blood pressure and blood glucose screening, smoking cessation, physicals for jobs, housing, driver's licenses, etc. ***Patients must bring necessary forms.*** Specialized care including dermatology, pulmonology, cardiology, vision screenings, podiatry, occupational therapy, physical therapy, audiology, psychiatry, endocrinology, and smoking cessation may be available. Pediatric care provided for children without health insurance the second Saturday of every month by SALUD Para Ninos of Children's Hospital of UPMC (call **412-692-6000 option 8** for more info). Prescriptions will NOT be written for ANY narcotics, nor will any be dispensed. No X-rays or blood work on site.

No drug screens/testing performed.

Hours: Monday 5 p.m., Wednesday 1 p.m., Saturday 9 a.m. Clients may not park in the Salvation Army Thrift Store parking lot. Clinic entrance is in the back of the Salvation Army Building, off Cabot Way. Patients are seen on a first come first serve basis.

### **Braddock Free Clinic**

<https://www.freeclinicofbraddock.org>

415 6<sup>th</sup> Street  
Braddock, PA 15104  
**412-723-2086**

Saturday – 9:30 am to 2 pm (last patient seen at 1:30 pm)

Walk-in clinic only for people without any form of insurance. Clients must be 18 or older. Care is provided by medical volunteers.

**Catholic Charities Free  
Health Care Center**

<https://ccpgh.org>

212 Ninth Street, floor 2 and 3  
Pittsburgh, PA 15222  
**412-456-6911**

<https://freecarepgh.org/>

*This is not a walk-in clinic.* Please call first to discuss eligibility and to make an appointment. Services are limited to uninsured and under-insured individuals 19 years-old and older.

**Focus + Pittsburgh Free Clinic**

<https://www.freeclinics.com/det/focus-pittsburgh-free-health-center>

2228 Centre Ave.  
Pittsburgh, PA 15219  
**412-502-5024**

*This is not a walk-in clinic.* Adults only. Volunteers operate this free clinic, which is for people who are uninsured, do not qualify for Medicaid, and household income does not exceed 200% of the poverty level, based on Federal Poverty Guidelines. Appointments are necessary for medical services.

**McKeesport 9<sup>th</sup> Street Clinic**

[https://tubcityonline.com/almanac/downloads/ninth\\_st\\_clinic\\_mckeesport.pdf](https://tubcityonline.com/almanac/downloads/ninth_st_clinic_mckeesport.pdf)

The Common Ground Building  
410 Ninth Ave.  
McKeesport, PA 15132  
**412-664-4304**

Thursdays 1 p.m. – 7 p.m.

Walk-in clinic. Patients with insurance may be referred to community health centers if necessary. Information about income may be requested to determine eligibility for certain assistance programs.

**Sheep, Inc. Health Care Center - Monroeville**

<http://sheepinclinic.org/>

4561 William Penn Highway  
Monroeville, PA 15146  
**Phone: 412-310-0062**

Thursdays 5:45 p.m. - 8:30 p.m.  
Dr. Robert Beasley, Medical Director

**Sheep, Inc. Health Care Center - Turtle Creek**

<http://sheepinclinic.org/>

Valley Chiropractic Center  
305 McMasters Ave.  
Turtle Creek, PA 15145  
**412-664-4304**

***Only the first Saturday of the month from 3 pm to 5:30 pm***

Walk-in clinic. Services are for those without insurance and who are not eligible for public or private insurance programs such as Medicare and Medicaid.

Free primary health care. No appointment needed. Staff may limit the number of patients accepted depending on how busy the clinic is. Chronic disease management, Blood pressure and blood glucose screenings, physical exams for jobs, driver's licenses, sports, etc.

**Substance Use Disorder Services**

Allegheny County Health Department Opioid Prevention Department Steps to Recovery Resource Guide

[https://www.alleghenycounty.us/uploadedFiles/Allegheny\\_Home/Health\\_Department/Programs/Special\\_Initiatives/Overdose\\_Prevention/Opioids-Flow-of-Resources-Bro.pdf](https://www.alleghenycounty.us/uploadedFiles/Allegheny_Home/Health_Department/Programs/Special_Initiatives/Overdose_Prevention/Opioids-Flow-of-Resources-Bro.pdf)

The ACHD Opioid Prevention Department is pleased to provide residents a recovery guide that provides resources for residents who are beginning or continuing on their recovery journey.

Allegheny County Health Department FREE Narcan distribution to county organizations

[www.tinyurl.com/achdnarcan](http://www.tinyurl.com/achdnarcan)

This is an online form that organizations can complete to receive FREE Narcan and onsite training.

**PA Get Help Now**

[www.apps.ddap.pa.gov/gethelpnow](http://www.apps.ddap.pa.gov/gethelpnow)

**1-800-662-4357**

This 24/7 Hotline is staffed by trained professionals who will stay on the phone with the individual until treatment is located

**SAMHSA Helpline Information**

<https://www.samhsa.gov/find-help/national-helpline>

**1-800-662-4357 (HELP)**

**Allegheny County Department of Human Services - Bureau of Drug and Alcohol Services**

<https://www.alleghenycounty.us/Human-Services/Resources/Publications/Resource-Guides/Directory-of-Drug-and-Alcohol-Treatment-Service-Providers.aspx>

412-350-3328

Individuals who are currently uninsured and seeking recovery support services are encouraged to contact Allegheny County DHS Bureau Drug and Alcohol Services to get connected to treatment providers in Allegheny County that receive funding for uninsured individuals to access treatment

**Community Care Behavioral Health**

[www.ccbh.com](http://www.ccbh.com)

1-800-553-7499

This agency can assist Medical Assistance recipients in getting connected to recovery support services in their insurance network.

**Federally Qualified Health Center (FQHC)**

<https://findahealthcenter.hrsa.gov/>

Community members seeking recovery support services are encouraged to contact their local Federally Qualified Health Center to determine if they offer drug and/or alcohol services at their location, or if they are able to provide a referral to another agency that the community member can easily access. Most FQHC's work off of a sliding scale payment system where individuals seeking support pay for services based on their income level and ability to pay.

**Overdose Free PA**

<https://www.overdosefreepa.pitt.edu/find-local-resources/find-naloxone/>

This site offers individuals access to pharmacies with a standing order for Naloxone where community members can access this overdose prevention medication without a prescription. Some pharmacies will require that that individuals making a request must complete a free Naloxone training. The two approved programs in Pennsylvania include:

**Get Naloxone Now**

<https://www.getnaloxonenow.org/#home>

**Act 139 Naloxone Training for First Responders**

<https://www.pavtn.net/act-139-training>

**Allegheny County Centers of Excellence in Opioid Specific Treatment**

**Gateway Rehabilitation Center**

<https://www.gatewayrehab.org/>

1-866-861-6280

(multiple campuses throughout Allegheny County)



**Tadiso Incorporated**

<http://www.tadiso.org/>

1425 Beaver Avenue  
Pittsburgh, PA 15233  
412-906-6812

**Magee Women's Hospital UPMC  
Pregnancy Recovery Center**

<https://www.upmc.com/locations/hospitals/magee/services/perinatal-neonatal-substance-abuse-services/outpatient>

412-641-1211

**UPMC General Internal Medicine Center for Opioid Recovery**

<https://www.upmc.com/services/internal-medicine/opioid-recovery>

**UPMC Montefiore Hospital**

9<sup>th</sup> Floor, South Wing  
200 Lothrop Street  
Pittsburgh, PA 15213  
412-737-7871

**Allegheny Health System  
Addiction Medicine**

<https://www.ahn.org/services/medicine/center-for-inclusion-health/addiction-medicine>

412-359-4644

**UPMC Western Psychiatric Institute and Clinic (WPIC) - Addiction Medicine Services**

<https://www.upmc.com/Services/behavioral-health/addiction>

412-692-2273

(multiple campuses throughout Allegheny County)

## Dental Clinics

The clinics listed below have dental services at lower cost. Please call to make an appointment. Walk-ins are not generally accepted. Be aware that some clinics below may have waiting lists.

### **Allegheny County Health Department Pediatric Dental Services**

Free of charge to all Allegheny County children **1-20 years of age** who cannot afford private dental care. Medical assistance is accepted. Services provided include cleaning of teeth, screening evaluations, fluoride treatments, x-rays, oral hygiene instruction, exams, fillings, sealants, extractions, and space maintainers.

#### **Hill House Association**

<https://www.alleghenycounty.us/Health-Department/Health-Services/Pediatric-Dentistry/Pediatric-Dentistry.aspx>

1835 Centre Avenue  
Pittsburgh, PA 15219

**412-392-4441**

#### **UPMC South Pittsburgh**

<https://www.alleghenycounty.us/Health-Department/Health-Services/Pediatric-Dentistry/Pediatric-Dentistry.aspx>

1630 Arlington Avenue  
Pittsburgh, PA 15210

**412-432-1620**

#### **McKeesport - Wander Building**

<https://www.alleghenycounty.us/Health-Department/Health-Services/Pediatric-Dentistry/Pediatric-Dentistry.aspx>

339 Fifth Avenue  
McKeesport, PA 15132

**412-664-8858**

#### **Alma Illery Medical Center Dental- Primary Care Health Services, Inc.**

<https://pchspitt.org>

7227 Hamilton Avenue  
Pittsburgh, PA 15208

**412-244-4700**

#### **Catholic Charities Free Health Center - Dental Services**

<https://www.ccpgh.org/pages/services/services-free-health-care-center>

212 Ninth Street, Suite 301  
Pittsburgh, PA 15222

**412-456-6911**

#### **Hill House Dental Services -Primary Care Health Services**

<http://pchspitt.org/healthcare-services/dental/>

1835 Centre Avenue  
Pittsburgh, PA 15219

**412-697-4698**

**Hosanna House Office - East Liberty Family Health Care Center -Dental Clinic**

<https://elfhcc.com/>

807 Wallace Ave. Suite 201

Wilkesburg, PA 15221

**412-345-0400**

**Lincoln-Lemington Office of the East Liberty Family Health Care Center - Dental**

<https://elfhcc.com/>

7171 Churchland Street

Pittsburgh, PA 15206

**412-345-0400**

**McKeesport Family Health Center Dental - Primary Care Health Services**

<https://metrocommunityhealthcenter.org/>

627 Lyle Blvd.

McKeesport, PA 15132

**412-664-4112**

**North Side Christian Health Center Dental**

<http://www.nschc.org/>

816 Middle St.

Pittsburgh, PA 15212

**412-321-4001**

**Sto-Rox Family Health Center Dental Services**

<http://www.storoxfahc.org/dental-care/>

710 Thompson Avenue

McKees Rocks, PA 15136

**412-771-6460**

**West End - Manchester Family Dental Center**

<https://www.westendfamilydentalclinic.net/>

441 S. Main St.

Pittsburgh, PA 15233

**412-922-5636**

**Wilkesburg Dental Office**

<https://elfhcc.com/>

807 Wallace Avenue

Wilkesburg, PA 15221

**412-661-2802**

**University of Pittsburgh School of Dental Medicine Student Dental Clinic**

<http://www.dental.pitt.edu>

3501 Terrace Street, Salk Hall

Pittsburgh, PA 15261

**412-648-8616**

## Vision Resources

### Eye Care America

<https://www.aao.org/eyecare-america>

1-877-887-6327

Participating doctors may provide eye exams and care for up to one year for eligible, low income candidates who are 65 and older.

### New Eyes for the Needy

<https://new-eyes.org/>

1-073-376-4903

Eligible individuals may qualify for a new pair of prescription glasses if they meet certain income guidelines. Social service organizations must complete the application on behalf of the individual.

### Mission Vision

<http://mission-vision.org/> Check their online calendar to see where their local vision clinics, which are organized through partnering groups, are being held. In these vision clinics, eyes are checked for medical issues and to screen for vision problems. Often custom prescription glasses are provided.

## 24 Hour Helplines or Web Apps

### **Allegheny Link**

<https://www.alleghenycounty.us/Human-Services/About/Contact/Link/Contact.aspx>

One Smithfield Street

2<sup>nd</sup> Floor

Pittsburgh, PA 15222

Hours: 8:00 AM to 7:00 PM – Monday through Friday

**Allegheny Link** connects people in need to available resources to maintain their independence and quality of life.

The Allegheny Link assists:

- People with all disabilities
- Older adults to remain in the community
- People who are homeless or at risk of homelessness to reach the goals of stable housing
- People who are pregnant, or parents and caregivers of children to six years of age - by referrals to home-visiting program.

### **PA 2-1-1**

<http://pa211sw.org/>

Dial: **2-1-1**

United Way of Southwestern PA

P.O. Box 735

Pittsburgh, PA 15230

This is a 24–hour professionally staffed hotline sponsored by United Way that provides help, information, and referrals for all kinds of human services.

### **resolve Crisis Network**

<https://www.upmc.com/services/behavioral-health/resolve-crisis-services>

**1-888-7-YOU-CAN (1-888-796-8226)**

333 North Braddock Avenue

Pittsburgh, PA 15208

Callers are put in touch with mental health and addiction counselors to receive immediate confidential crisis counseling and emergency support and may be referred for ongoing help regardless of ability to pay. In addition, a mobile crisis team may be available to come to the site of the crisis.

**Allies for Health + Wellbeing**

<https://www.transbuddypgh.org/>

5913 Penn Avenue  
2<sup>nd</sup> Floor  
Pittsburgh, PA 15206  
[info@alliespgh.org](mailto:info@alliespgh.org)  
1-888-204-8821

**BigBurgh.com**

<https://www.bigburgh.com/>

Pittsburgh's Safety Net Web-App

**Humane Animal Rescue Petline**

<https://www.humaneanimalrescue.org/programs-services/pet-helpline-resources/>

[pethelpline@HumaneAnimalRescue.org](mailto:pethelpline@HumaneAnimalRescue.org)  
412-345-0348

**Ellie's Pet Pantry**

<https://www.humaneanimalrescue.org/programs-services/ellies-pet-pantry/>

412-359-4649

## Allegheny County Programs - Environmental

Lead Exposure Prevention - [Lead | Health Department | Allegheny County](#)

Air Quality - [Air Quality | Health Department | Allegheny County](#)

Water Pollution Control - [Water Pollution Control | Health Department | Allegheny County](#)

## Allegheny County Health Department's Guide to Health Care Services for the Underinsured and Uninsured

For a more comprehensive listing of all kinds of health care resources including low cost prescription help, transportation, help with compulsive gambling tobacco cessation, and much more, go to:

[https://www.alleghenycounty.us/uploadedFiles/Allegheny\\_Home/Health\\_Department/Programs/Chronic\\_Disease\\_Prevention/Insuredlinked.pdf](https://www.alleghenycounty.us/uploadedFiles/Allegheny_Home/Health_Department/Programs/Chronic_Disease_Prevention/Insuredlinked.pdf)