<table>
<thead>
<tr>
<th>Center Name</th>
<th>Contact Information</th>
<th>Services Offered</th>
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- Don’t use alone
- Use clean needles
- Know the substance
- Carry Narcan

### How to respond to an overdose:

- Call 911
- Administer Narcan
- If needed, perform CPR/rescue breathing
- If no response, administer 2nd dose
- Stay with that person until help arrives

### What is Narcan:

An antidote used to reverse an opioid overdose

### Where can I get Narcan?

- Type this into your browser: tinyURL.com/achdnarcan
  We will email instructions after request is made
- Any resident of PA can legally purchase Narcan at any pharmacy
  With or without insurance
- Call 412-687-ACHD (2243) if a pharmacy near you doesn’t carry it
- To request Overdose Prevention training, please visit: www.tinyurl/ACHD-training

### Having a Crisis:

- Call 911 any time someone is threatening to harm themselves or someone else.
- Resolve Crisis Services
  1-888-7-YOU-CAN (1-888-796-8226)
  24/7/365 days a year telephone, walk-in, mobile crisis services for individuals at risk for harm to self or others.

### Syringe Services:

- Prevention Point Pittsburgh
  www.pppgh.org for site locations
  412-247-3404
  Syringe services, wound care, basic medical services and case management for people who use drugs.

### Recovery Support Services:

- Onala Recovery Center
  www.onala.org
  412-566-9220
  Peer Recovery Support services, 12 Step meetings
- Holy Family Institute
  RecoveryServices@hfi-pgh.org
  412-766-9020 ext. 1456
  Services are intended to promote growth, wellness and support for individuals with Opioid Use Disorder and/or their family members.
- Mon-Yough
  www.mycs.org
  412-346-9937
  Provides outreach in the Mon Valley area

### Homelessness Services:

- Bridge Outreach
  www.bridgetothemountains.org
  Assists those living on the streets in accessing and navigating resources.

### Homelessness Services (continued):

- AHN-Center for Inclusion Health
  https://www.ahn.org/services/medicine/center-for-inclusion-health
  412-260-2397
  Offer an array of services including Street Outreach and MOUD
- BigBurgh
  www.bigburgh.com
  Virtual hub to help navigate services in Pittsburgh
- The Open Door
  www.opendoorhousing.org
  Harm reduction and housing first model for homeless living with HIV

### Transportation:

- Traveler’s Aid
  www.travelersaidpgh.org
  412-281-5474
- Medical Asst Transportation Program
  www.matp.pa.gov
  412-350-4476

### Employment:

- Office of Vocational Rehabilitation (OVR)
  www.dli.pa.gov
  412-392-4950
- Career Links
  www.careerlinkpittsburgh.com
  412-522-7100

### LGBTQIA+:

- Central Outreach Wellness Center
  412-322-4151
- Allies for Health + Wellbeing
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- Persad Center
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Drug & Alcohol Treatment

Call PA Get Help Now hotline at
1-800-662-HELP (4357) or
www.apps.ddap.pa.gov/gethelpnow

Pathway to Care and Recovery
Open 365/24/7
412-325-7550
Walk In: 326 Third Avenue, Pittsburgh, PA 15222

- Uninsured?
  Allegheny County Drug & Alcohol Services
  412-350-3328 (M-F 8:30-4:30)

- On Medical Assistance?
  Community Care and Behavioral Health
  1-800-553-7499 www.ccbh.com

- Other Insurance?
  Call the number on the back of the insurance card
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