Guidance for Travelers
(Updated: 6/29/2020)

Taking a trip doesn’t mean taking a break from reducing the spread of COVID-19. Traveling increases your chances of getting AND spreading the coronavirus. The Allegheny County Health Department recommends people follow these precautions while traveling and after returning, especially if visiting areas with increasing cases.

On June 28, 2020, Allegheny County Health Department Director Dr. Debra Bogen strongly recommended that people who have traveled out of state quarantine for 14 days after returning or get tested and have two (2) negative test results at least 48 hours apart. This is especially important for high risk travel.

Low-risk travel includes:
- Travel to states with low COVID-19 cases and low positivity rates
- Driving with members of your household
- Visiting secluded places and keeping 6 feet of distance, including day trips
- Camping or staying at private accommodations with members of your household
- Not frequenting bars, restaurants or shops
- Commuting to neighboring states in your personal vehicle

High-risk travel includes:
- Travel to states with high COVID-19 cases and high positivity rates
- Using airplanes, buses or trains rather than private vehicle to travel to a location
- Visiting crowded places where maintaining 6 feet of distance is difficult, including day trips
- Staying at hotels, motels or resorts or with non-household members
- Frequenting bars, restaurants or shops
- Travel that involves large in-person meetings or social gatherings

If you do travel, protect yourself and others throughout the trip:
- Avoid crowded locations and close contact. Keep at least 6 feet away from others.
- Please wear a face covering, even if it’s not required
- Wash your hands or use hand sanitizer frequently, especially after being in public or touching frequently touched surfaces and before and after touching your face, eating, smoking
- Avoid touching your eyes, nose, or mouth. Cover coughs and sneezes
- Consider picking up food at drive-throughs, curbside restaurant service, or stores

When your return from your trip:
- For high risk travel, it is strongly recommended you quarantine for 14 days or get tested and have two (2) negative test results at least 48 hours apart before returning to work. This is especially important for employees who interact with the public.
- Watch for COVID-19 symptoms and check for symptoms among travel companions
- Get tested if feeling symptoms of COVID-19
- Get tested if worried about possible exposure to COVID-19
- Testing locations can be found at: https://bit.ly/ACTestingSiteMap

Questions about COVID-19? Visit www.alleghenycounty.us/coronavirus or call the Health Department’s coronavirus hotline at 1-888-856-2774.