

# COVID-19: ISOLATION AND QUARANTINE

Allegheny County Health Department



## IF YOU TEST POSITIVE FOR COVID-19: ISOLATE

Everyone, regardless of vaccination status.

- Stay home for 5 days.
- If you have no symptoms or your symptoms are resolving after 5 days, you can leave your house.
- Continue to wear a mask around others for 5 additional days.

*Continue to stay home until your fever resolves without medication and your symptoms are improving.*

## IF YOU WERE EXPOSED TO SOMEONE WITH COVID-19: QUARANTINE

If you:

Have your vaccine booster dose

**OR**

Completed the primary series of Pfizer or Moderna vaccine in the last 5 months

**OR**

Completed the primary series of J&J vaccine within the last 2 months

**OR**

If you had COVID in the past 90 days

Wear a mask around others for 10 days. Test, ideally on day 5 (unless you had COVID in the past 90 days).

*If you develop symptoms get a test and stay home.*

If you:

Completed the primary series of Pfizer or Moderna vaccine over 5 months ago and have not had your vaccine booster dose

**OR**

Completed the primary series of J&J over 2 months ago and have not had your vaccine booster dose

**OR**

Are unvaccinated

Stay home for 5 days. After that continue to wear a mask around others for 5 additional days. Test, ideally 5 days after exposure.

*If you develop symptoms get a test and stay home.*

LEARN MORE AT [ALLEGHENYCOUNTY.US/CORONAVIRUS](https://www.alleghenycounty.us/coronavirus)